

MINUTES OF THE
SANTA FE COUNTY
HEALTH POLICY & PLANNING COMMISSION

February 2, 2018

Santa Fe, New Mexico

I. This regular meeting of the Santa Fe County Health Policy & Planning Commission (HPPC) was called to order by Commissioner Kim Straus at approximately 9:00 a.m. on the above-cited date at 2052 Galisteo Street, Santa Fe, NM.

II. The following members were present:

Members Present:

Kim Straus
Laurie Glaze
Vivian Heye
Bonnie Keene
Don Reece
Carolyn Roberts
Michael Munson

Member(s) Excused:

Christa Coggins
Reena Szczepanski, Chair
Anna Voltura

County Staff Present:

Patricia Boies, Director, Health Services Division
Rachel O'Connor, Director, Community Services Department
Alex Dominguez, Behavioral Health Manager
Kyra Ochoa, Health Care Assistance Program Manager
Katie Schwartz, Mobile Health Van
Jennifer Romero, Teen Court
Julia Valdez, Constituent Liaison

Others Present:

Anna Hansen, BCC Commissioner	Miguel Chavez, Citizen
Kathy Armijo-Etre, CSV	Mary Magnusson, CSV
Jesse Cirolia, CSV	John Beeson, CSV
Christopher Manetta, PHS	Jane Keeports, PHS
Helen Brooks, PHS	Jeff Thomas, Southwest CARE
Laurie Bauer, SW CARE	Brianna Harrand, Southwest CARE
Kristin Carmichael, Southwest CARE	Tom Luna, PHS
Chris Wendel, Santa Fe Recovery Center	Tom Massaro, DOH

Elizabeth Peterson, Consultant
Andres Mercado, SFFD
Pam Roy, SF Food Policy Council
Lillian Montoya, CSV
Judy Williams, League of Women Voters
Marisol Atkins, Consultant
Sophie Andar, SFPA

Tom Starke, DWI Planning Council
Ramona Flores-Lopez, Citizen
Jan Weidner, CSV
Dennis McCutcheon, Con Alma
Aurora Trujillo, CSV
Betty Shover, NAMI
Andrea Verswijver, CSV, Solace

III. Introductions

Those present introduced themselves.

IV. Approval of Agenda

Commissioner Roberts moved to approve the agenda as presented. Commissioner Reece seconded. The motion to approve the agenda passed without opposition.

V. Approval of Minutes: January 5, 2017

Commissioner Roberts moved approval as presented. Commissioner Reece seconded and the motion passed without opposition.

VI. Matters of Public Concern

Miguel Chavez brought up a question about securing treatment guardians, especially for someone who is incarcerated. Dr. John Beeson of Christus St. Vincent agreed that it was a major problem at the hospital as well.

VII. Presentations

By way of introducing the presentations, Patricia Boies noted there are many behavioral health providers in the County, beyond those presenting today, and that behavioral health issues are among the high priorities of the County's *Health Action Plan* and funded by the County. She added the BCC had just approved contracts with La Familia and Pecos Valley Medical Center, both of which include medically assisted treatment, considered important by the Health Division.

A. Santa Fe County Behavioral Health Crisis Center Update

Rachel O'Connor mentioned that the *Health Action Plan* includes reducing drug abuse, alcohol abuse and the suicide rate. Additionally, a behavioral health summit was held in May of 2016, from which emerged the need for a crisis center. Subsequently, a bond was passed for construction of a crisis center, and this is now a major priority for Community Services.

The recently hired behavioral health program manager, Alex Dominguez, reviewed the progress on the behavioral health crisis center, highlighting its role as a safe place for adults with behavioral health issues, along with their families. It is intended to provide crisis management,

prevent visits to the ER and to jail, and to connect individuals with navigation services and “warm hand-offs.” It will follow a living room model, and 2,500 visits per year are anticipated. He reviewed the service array. The center will be co-located with a socially enhanced detox center and navigation services. Mr. Dominguez noted that they are currently in negotiations with a primary partner, New Mexico Solutions. He outlined the work schedule for the upcoming first two phases. He indicated he will continue to update the commission as more progress is made.

Commissioner Heye asked if it was still anticipated that the crisis center would be at the current Galisteo Street location. Ms. O’Connor said they are seeking input from the partners and the Board of County Commissioners before there is a final determination. In response to questions, Mr. Dominguez stated longer-term services will be provided by Santa Fe Recovery Center. The initial medically managed detox will last from six to ten days. Commissioner Straus asked about independent evaluation and Ms. O’Connor said data tracking is built into the contract.

County Commissioner Hansen asked about the plan for when the crisis center is not open. Mr. Dominguez said much of that is to be determined. Ms. O’Connor said it is not a residential model.

Mr. Chavez pointed out that the 2016 summit involved four counties. The bond passed by the voters also dedicated funds to the Edgewood medical facility.

B. Christus St. Vincent Medical Center

Kathy Armijo-Etre, CSV vice president, said she would be sharing data about how the current crisis is affecting the community.

Dr. John Beeson, chief medical officer, congratulated the County on its progress with the crisis center. He spoke of the need to help those who fall through the cracks. Indicative of the problem is the use of hospital ventilators by behavioral health patients or suicide attempts. Many of these are adolescents. He provided history of what has led to the current situation, citing such factors as limitation of resources, continuing stigma, shortage of psychiatrists, and lack of transitional care and long-term options. He said all the hospital constitutes a safety net in spite of the fact that it is designed to handle acute care. He noted that currently a significant percentage of babies born are addicted to heroin.

Ms. Armijo-Etre explained the difference between social and medically assisted detox and reviewed statistics, breaking down the 7,200 visits to the emergency room in 2017.

Mary Magnusson, clinical nurse manager/behavioral health, indicated they aim to stabilize patients and provide 24/7 psychiatric support service for substance abuse consultation and subsequent referrals. She spoke of the “array of acuity” of those who present at the ER, many of whom have a dual diagnosis, something that has increased dramatically. She described the inpatient facility, pointing out standards for admission are outlined by the state.

Ms. Armijo-Etre stated they are working to recruit more psychiatrists and councilors. She referred to CVS's investment in community organizations.

Commissioner Heye asked about post-release procedures. Dr. Beeson explained it depends on their medical condition and their willingness to participate in other programs. However, there are limited resources. If appropriate they are issued something like Suboxone and Narcan. Pregnant women on opioids are encouraged to switch to something safer and are tracked. There is a special procedure for when babies of addicted mothers are delivered. Ms. Armijo-Etre added they fund La Familia for those services as well.

C. Presbyterian Healthcare Services

Helen Brooks, Presbyterian Healthcare Services Administrator for Santa Fe, stated they have eight hospitals in New Mexico; Santa Fe will be the ninth, opening this October with 30 progressive care beds and a six-bed family birthing unit.

Jane Keeports, behavioral health administrator, spoke of reimbursement issues and that services are in great demand. She identified the current services they provide, including a 15-bed child unit. Most of the services are at the Kaseman Unit in Albuquerque. There are approximately 30 providers as well as 26 providers spread out through the primary care facilities. The upcoming Santa Fe facility will have an emergency room with consult liaison services to do assessments, backed up via Telemed.

Dr. Chris Manetta, behavioral health program director, said this is "shared suffering." He stressed the importance of integration since patients can present at any port of entry. They are looking to embed behaviorists into regional sites and every emergency room, including Santa Fe. People do better outside of institutions; most can be addressed in an ambulatory setting. Transitions are planned so no one falls through the cracks. Rather than simply increasing the number of Suboxone providers, they intend to increase their practice. He referred to a pilot study done at Yale that demonstrated the efficacy of emergency room Buphenorphine induction for good long-term results. He pointed out that alcohol and tobacco remain the biggest killers and these dependencies also need to be addressed by psychiatrists.

County Commissioner Hansen alluded to the shortage of psychiatrists, noting that recruitment is essential. She asked if there was a behavioral health program in Española. Ms. Magnusson said they were in the process of planning that, on a consult support model. Commissioner Hansen voiced her concern about service access for people within pueblos.

Commissioner Heye asked how many Suboxone patients a provider can deal with. Dr. Manetta said it is a tiered system. A doctor will start with 25 and work up to a capacity of 130. Getting Suboxone is not contingent upon their agreeing to treatment, although they try to build rapport.

D. Southwest CARE Center

Jeff Thomas, Southwest CARE CEO, echoed the sentiments of the others regarding the County's participation in integrated care with the behavioral health component. Providing history

of the Southwest CARE Center, he said they started as an HIV clinic and have since diversified. They have recently been designated as an “FQHC-look-alike” and they have merged with the Women’s Health Center. He noted they have one Suboxone-licensed physician but they are not running a focused program at this time.

Laurie Bauer, director of behavioral health services, said she oversees the three different types of case management: primary care, HIV, and hepatitis-C. She said they integrate social work with medical needs. She outlined the various components they provide. They focus on retention and linkage to care.

Kristin Carmichael, director of community engagement, spoke of the HUGS program for high utilizers. She highlighted the difference between treatment and healing. There are 21 case managers. Social determinants are a big factor in how well someone does. Turning to the counseling services, she said there is a licensed counselor in behavioral health at each of the clinics who uses Solution Focused Brief Therapy. They also have support groups, including one called Mindfulness Oriented Recovery Enhancement Group for those with chronic pain.

Brianna Harrand, director of pharmacy services, reviewed what Southwest CARE offers, including full pharmacy, customized care, help with payment assistance programs, and onsite clinicians and advanced practiced pharmacists, specializing in HIV, hepatitis-C and chronic pain. They do Narcan education and distribution.

Mr. Thomas said there are syringe exchange programs already in place in communities where they have a presence and they try not to duplicate efforts.

Ms. Wendel encouraged peer support programs.

Ms. Shover asked what protocol was in place for those presenting with severe mental health issues. Ms. Carmichael stated their behavioral health case manager is in charge of linkages. Mr. Thomas said Southwest Care would not be the best place for them to be. Ms. Bauer added they would still be able to help with other services in the context of primary care in a complementary manner.

Ms. O’Connor asked where those needing in-house would be sent? Ms. Magnusson said all of the agencies consult with one another.

VIII. Matters from the Commission and Staff

A. Director’s Report

- Ms. Boies updated the commission on the following:
- She testified on HB 62, seeking funding for NM Grown Fresh Fruits and Vegetables for School Meals, which has now gone to the House Appropriations Committee
 - The La Familia contract, which includes medical and dental care, prenatal care, medication assisted treatment, and navigation, was just approved by the BCC for \$786,000

- The Mobile Health Van nurse will be providing opiate overdose prevention education and Narcan distribution starting in March
- They have provided 560 flu shots
- Responses to the RFP for evaluation of the Accountable Health Community are due soon
- The City's Human Services Committee will be providing \$135,000 for a "better way van" that will link homeless people with day jobs as well as services in the city

B. Other Matters from the Commission

Ms. Shover noted there is a bill regarding outpatient treatment coming up for funding in committee.

Commissioner Straus said Health Action New Mexico is tracking health-related bills.

Sophie Andar announced the Santa Fe Prevention Alliance will be cohosting with the County Community Services Department a conference on April 14th on integration of services. Ms. Boies will send out further information.

Commissioner Heye stated it was the 20th anniversary of syringe exchange programs.

IX. Future Agenda Items

- Assisted outpatient treatment – Jaime Michael from Doña Ana County

X. Adjournment

With no further business, Commissioner Straus declared this meeting adjourned at approximately 11:15 a.m.

Approved by:



Reena Szczepanski (pcb)
 Reena Szczepanski, Chair
 Health Policy & Planning Commission

Respectfully submitted by:
Debbie Doyle (pcb)
 Debbie Doyle, Wordswork

COUNTY OF SANTA FE)
 STATE OF NEW MEXICO) ss HEALTH POLICY & PLAN M
 PAGES: 6
 I Hereby Certify That This Instrument Was Filed for
 Record On The 8TH Day Of March, 2018 at 09:16:35 AM
 And Was Duly Recorded as Instrument # 1851800
 Of The Records Of Santa Fe County

Deputy *Estrella Mastings* Witness My Hand And Seal Of Office
 Geraldine Salazar
 County Clerk, Santa Fe, NM