

MINUTES OF THE
SANTA FE COUNTY
DWI PLANNING COUNCIL

May 9, 2019

Santa Fe, New Mexico

I. This meeting of the Santa Fe County DWI Planning Council was called to order by Tamara Zawistowski at 9:02 a.m. on the above-cited date at the County Community Services Department Conference Room, 2052 Galisteo Street, Suite B, Santa Fe, New Mexico.

II. The following members were present and no quorum was achieved:

Members Present:

Amanda Grundler
Tamara Zawistowski
Susan Skea
Loralee Freilich

Member(s) Absent:

Jose Gonzales
[Four vacancies]

County Staff Present:

Peter Olson, DWI Program
Chanelle Delgado, Teen Court

Others Present:

William Campbell, Psychologist with CheckUp and Choices
Lt. David Webb, SFPD
David Povijua, Pojoaque Tribal Police
Lt. Nathan Barto, Pojoaque Tribal Police
Karley Steffen, Pojoaque Tribal Police
Carlos Camacho, SFPD Cadet
Alan Scott, SFPD Cadet
David Lindsey, SFPD Cadet
Dominique Romero, SFPD Cadet
Loretta Esterling, SFPD Cadet
Sarah Priemazon, SFPD Cadet

Introductions

Those present introduced themselves.

SFC CLERK RECORDED 08/01/2019

III. Approval of Minutes:
2018: June 14, September 13, October 11, December 13
2019: January 10, February 14, 2019, April 11, 2019

IV. Approval of Agenda

These items were deferred pending a quorum.

V. Matters from the Council/Action Items

A. Follow-ups from previous meetings

Ms. Grundler asked if any progress had been made in finding new members. Mr. Olson said he had not heard of anyone new joining the Council.

VI. Information Items

A. CheckUp and Choices

Dr. William Campbell, a psychologist with CheckUp and Choices out of Albuquerque, stated his organization develops digital therapeutics, which are interventions that are experienced online or through a phone app. The FDA has become involved and he predicted prescriptions for apps from doctors. Santa Fe County has been involved since 2013.

Mr. Olson indicated they conducted a pilot program called Right Turns and were pleased with the outcomes.

Dr. Campbell provided some statistics: DWI costs the state around a billion dollars a year; there has been a 42 percent decline in the number of repeat convictions, which he said could be the result of good work being done, or as Ms. Grundler suggested, less enforcement. Dr. Campbell added that 82 percent of those involved in serious crashes have a BAC over .08.

Dr. Campbell noted that it was not uncommon for people to have a problem with alcohol at some point in their life but only one in ten ever seek help.

The CheckUp and Choices program consists of a screening/audit to determine if the person has issues. Often this helps young people understand the extent of their drinking. If a problem is perceived, the next step is the toolbox which talks about managing triggers and dealing with their issues. Desire to change is key. Dr. Campbell said the program makes use of cognitive behavioral therapy. He used graphs to show progress in diminishing the intensity of drinking.

Dr. Campbell stated the check up takes about 45 minutes to go through, followed by several weeks of follow-up. During the 2013-15 pilot study 61 people were put through Right Turns. Establishing a control group was problematic, but it appeared the

Right Turns group derived more benefit. Data collection is an important component. “Males between the ages of 16 and 20, it takes them a lot less alcohol to get them to do something stupid.”

The program is totally confidential, and it has been shown people answer more honestly to a computer than to a person. This provides more valid feedback. It is geared to complement the County’s compliance program. Dr. Campbell said he understood there would be an employee dedicated to overseeing the CheckUp and Choices protocol with the Compliance Division. He noted there tends to be initial defensiveness that goes away as the course proceeds.

Chanelle Delgado asked if there was a similar model for adolescents. Dr. Campbell said that hadn’t been yet due to the difficulty of getting permission to research on adolescents and alcohol.

Ms. Grundler pointed out that many DWI cases were going through municipal court. She asked if he had approached them about the program. Dr. Campbell said, “So far, we haven’t been able to build that bridge.”

Ms. Freilich asked about the cost. Dr. Campbell said Santa Fe County pays the fee for participants, which online is \$60 for three months of access.

Ms. Grundler asked how much follow-up was done. Dr. Campbell said short-term benefits have been seen and they assume this continues. It would be good to do longer studies through DOH, for this and other programs as well.

Lt. Barto asked about access and Dr. Campbell said it is web-based and can be used on the phone but it is not yet an app. They are working on developing a drink-tracker app.

Ms. Grundler brought up the fact that some people don’t speak English, can’t read, or don’t have computer access. Mr. Olson said those problems come out in the initial screening. Dr. Campbell said they are working on a Spanish version.

Dr. Skea stressed the importance of follow-up and noted that the Recovery Center has a two-year follow-up. Dr. Campbell stated there are three-month check-ins to monitor progress and this provides data.

In response to questions from Ms. Grundler, Dr. Campbell said in addition to DWI programs, it is deployed by the University of Colorado and the Department of Defense, and they encourage any agency that could benefit from brief interventions. He mentioned family courts as another possibility. It should be viewed as a first step. Additionally, the toolbox can accommodate other substances. Other modules are available. They encourage sharing the program with family members, given the importance of family history and involvement. Serious issues should be treated by a therapist.

Mr. Olson said they provide private settings for those in the compliance program.

Ms. Steffen asked about insurance coverage and Dr. Campbell said once the FDA gets involved and there's a prescription version it will be covered by insurance.

Ms. Delgado asked how often the data gets forwarded and Dr. Campbell said the information is refreshed weekly and can be presented in various graphic formats and broken down by demographics.

B. Law Enforcement Update
C. Coordinator's Report

Mr. Olson said there was no law enforcement meeting last month. However, he met with representatives from Rio Arriba County and they are interested in participating in operations like Northern Safety. There will probably be a checkpoint around the Fourth of July. Los Alamos County also wants to become involved.

The grant council meeting was held recently and most requests were approved, but the budget will be reduced by \$60,000. This is due to a new definition of "craft brewer." However, they will be allowed to use the funds for advertising and the contract with Firestik is still in place. They will be including bars and restaurants. In the past T-shirts in English and Spanish for wait staff has been effective. They will also make use of coaster, napkins, bus wraps, and video screens.

Mr. Olson said next week is Bike Week and they are working with various breweries and discounts and alternatives to driving. The Mountain Festival will be coming mid-September.

Dr. Skea asked about the vehicle Cpl. Mosher was advocating for use by the Sheriff's Office. Mr. Olson said that was still moving forward. Pojoaque is building a DWI trailer, but it will not have holding cells.

VII. Miscellaneous

A. Agenda Items for the Future Meetings

- New members

VIII. Public and Member Comments

Ms. Grundler announced the City was holding Community Day at the Plaza on Saturday, May 11th.

IX. Announcements

A. Next Planning Council Meeting: Thursday, June 13, 2019

