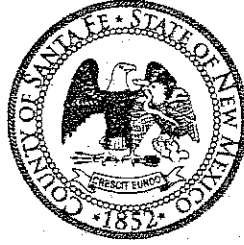


Henry P. Roybal
Commissioner, District 1

Anna Hansen
Commissioner, District 2

Robert A. Anaya
Commissioner, District 3



Anna T. Hamilton
Commissioner, District 4

Ed Moreno
Commissioner, District 5

Katherine Miller
County Manager

Memorandum

To: *Santa Fe County Board of County Commissioners*

From: *Katherine Miller, County Manager, SFC*
Rachel O'Connor, Director, Community Services Department, SFC

Date: *August 13, 2018*

Subject: *Community Services Monthly Report*

Health Services

CSD staff attended the Legislative Health and Human Services Interim Committee meeting in Albuquerque last week. We spoke with Legislators regarding the status of the Crisis Center and the regulations. DOH Deputy Secretary Gabby Sandoval was present and stated that they are hoping to have the regulations out the end of August. We also have a meeting with the DOH Secretary scheduled later in the month.

Laurie Glaze was elected as new HPPC chair at this month's meeting, which focused on advance care planning/advance directives, with representatives from both CHRISTUS and Presbyterian. There is a lot of interest on the part of HPPC in ensuring that health-related legislation (including but not limited to the dental therapy legislation) be addressed by the HPPC and brought to the BCC for consideration as appropriate. Also, Laurie Glaze has expressed interest in serving on the Complete Census Count Committee.

We met with New Mexico Solutions and the Recovery Center this week to work on client flow for the Crisis Center. We are meeting again this week to discuss the first informal design.

We met with Hyde and Associates this week to discuss the Behavioral Health Strategic Plan, which is starting to take shape. Teen Court staff are also developing a scope of work for a Youth Behavioral Health Strategic Plan.

CSD staff toured the Presbyterian Kaseman Behavioral Health Unit. The Mobile Crisis Team is sending clients here when they are unable to get them admitted at CHRISTUS. I expect that we will need to have some sort of agreement with them to accept clients with Presbyterian insurance who are too severely impaired for the Crisis Center.

We have a draft RFP that we plan to get to Purchasing next week for a fund development consultant to sustain and diversify funding for the Accountable Health Community project

2019 Legislative Session. The NM Counties Board has now voted to support the dental therapy legislation. The Board chose five legislative priorities, and while this is not one of those priorities, they support it. Here is the link to the NM Counties news brief, listing the five legislative priorities (behavioral health is one), and the supported legislative issues:

<http://www.nmcounties.org/wp-content/uploads/2018/08/NMCounties-News-Brief-8.9.18.pdf>

The Southwest Center for Health Innovation/Public Health Institute (SWCHI), based in Silver City, has been awarded a small grant from the McCune Foundation to study two NM communities to “understand and document their processes, partnerships and policies contributing to coordinated and comprehensive community health systems planning.” They would like our AHC project to be one of the community projects studied, with an eye toward a replicable model for the state. Staff is discussing with SWCHI what would be involved, including monthly meetings and collaboration with our AHC evaluation team.

CSD staff and HPPC members participated in a tour of the new Presbyterian Hospital. It is beautiful and interesting to understand that about 40% of their customers will be people with behavioral health issues. There are not offering any specialized services for these clients.

CSD has been working with County Fire on the submission of an HSD grant to SAMSA. This grant will include funds for the County Fire Department to do follow up with individuals who have experienced a drug overdose. Chief Sperling submitted a budget this week

Community Safety

The DWI program this week received notice from DFA that the request to use LDWI funds to pay for public awareness efforts was approved. The DWI program requested approval to use LDWI funds to pay for advertisement strategies such as bus wraps, Johnny Boards, drink coasters, cocktail napkins and radio advertisement. DFA approved the requested dollar amount of \$48,000.00 for public awareness. A portion of the Compliance fees will also be used to fund the DWI program’s public awareness efforts.

This week we had a previous teen attorney, Bailey Colfax, return to preside as our judge. She is currently a rising senior at Harvard and gave a short synopsis of her Teen Court experience and how it contributed to her education. We will have another previous teen attorney who recently graduated and will be going into law school talk to our youth in two weeks. He contributes much of his success to his Teen Court involvement.

Teen Court staff attended the New Mexico Teen Court Association meeting in Roswell on Thursday and Friday.

Community Operations

The County Fair turned out well last week. The sale will be closed out in the system on Friday so we will have final numbers next week. I don’t yet have final numbers on the indoor (4H, youth, adult) as of yet. Four of our Senior Centers (El Rancho, Santa Cruz, Bennie J., and Eldorado)

102 Grant Avenue · P.O. Box 276 · Santa Fe, New Mexico 87504-0276 · 505-986-6200 · FAX:
505-995-2740 www.santafecountynm.gov

entered various items such as ceramics, beadwork, woven items, and needlework and participated in senior day last Friday. They were very excited to see their ribbons and proud to see their items on display. A huge thank you to Sammy Romero and his crew who did the janitorial this year.

Terri Werner has been chosen as the new operator for the Stanley Cyclone Center. The contract has already begun and Terri met with Anna last week to walk through the Stanley Cyclone Center. She will be providing her keys and codes to the gate locks, storage, etc. She will be scheduling a meeting to sit down with Public Works regarding the grounds, the arena, equipment, etc.

Senior Services

We have been working with a group called Life Circle to create a new day program for Seniors with cognitive disabilities...ie Alzheimer's. Life Circle is going to locate this new program, which will take about 10 clients to start, in the same building on Rufina where we serve meals. The idea is to provide day activities for individuals with Alzheimer's as well as respite for their caregivers. We are an informal partner on this program.

The Santa Cruz barbecue was a huge success. We had about 75 people in attendance. Josie and Fernando did an excellent job in organizing this

The Chimayo bbq and dance was a huge success. We served around 60 people, and everyone had a great time. Participants were from Chimayo, Santa Cruz and Eldorado. Two of the Seniors and one of the Seniors grandsons provided the music free of charge. The next one is scheduled in Eldorado on August 15th, we invite you to attend.

MINUTES OF THE
SANTA FE COUNTY

HEALTH POLICY & PLANNING COMMISSION

June 1, 2018

Santa Fe, New Mexico

I. This regular meeting of the Santa Fe County Health Policy & Planning Commission (HPPC) was called to order by Chair Reena Szczepanski at approximately 9:06 a.m. on the above-cited date at the Santa Fe County Community Services Department conference Room, 2052 Galisteo Street, Santa Fe.

II. The following members were present:

Members Present:

Reena Szczepanski, Chair
Kim Straus
Christa Coggins
Sandy Dransfield
Bonnie Keene
Michael Munson
Carolyn Roberts

Member(s) Absent:

Laurie Glaze [excused]
Don Reece [excused]

County Staff Present:

Patricia Boies, Director, Health Services Division
Rachel O'Connor, Director, Community Services Department
Kyra Ochoa, Health Services Staff
Alex Dominguez, Health Services Staff

Others Present:

Eirian Coronado, DOH
Linnea Moreno, Las Cumbres
Wendy Johnson, La Familia
Kristin Carmichael, SCC
Jesse Cirolia, Christus St. Vincent
Elizabeth Peterson, Consultant

Ana Morales, Las Cumbres
Kim Krupnick, La Familia
Michelle Lis, Consultant
Dawn Abriel, Bright Heart Health
Laura Brown, DPA/UNM
Gwendolyn Gallagher, DOH

Others Present (cont.)

Terrie Rodriguez, NMAHC
Tom Starke, Citizen
Anne Albrink, NAMI
Terri Marney, Presbyterian
Shelly Felt, Youth Shelters
Robert Jahner, SFPA
Nelsy Dominguez, Con Alma

Emily McRae, Americorps/Vista
Julian Duran, BC/BS
Emily Folks, Youth Shelters
Adonata Pyaga, SF Recovery
Sophie Andar, SFPA
Barry Cooney, Focused Awareness

II. Introductions

Chair Szczepanski welcomed new member Sandy Dransfield to the HPPC, and those present introduced themselves.

IV. Approval of Agenda

Commissioner Roberts moved to approve and Commissioner Straus seconded. The motion to approve the agenda passed without opposition.

V. Approval of Minutes

May 4, 2018: Commissioner Roberts moved approval. Commissioner Straus seconded and the motion to approve the May minutes passed unanimously.

VI. Matters of Public Concern

None were presented.

VII. Presentations

A. Perinatal Health Surveillance in New Mexico: Risk and Protective Factors

Patricia Boies stated that the prevention of low birth weight (LBW) is one of the priorities of the *Health Action Plan*. It was chosen because with the small number of low birth weight babies born in Santa Fe County, it was believed that focused intervention could make a difference. Following an RFP, Las Cumbres and La Familia were awarded contracts and are in their fourth year working on the LBW prevention initiative.

Kyra Ochoa referred to a fact sheet compiled by Emily McRae to frame the issue. A reasonable weight at birth “is a good proxy for a baby born healthy.” She noted the sample size is small, but Santa Fe County has a rather high rate, close to ten percent. They are looking into causal factors behind LBW. There is a range of risk factors including poverty, smoking, poor nutrition, teen and older pregnancies, etc. Access to early care is a huge component. Recently it has emerged that “weathering” – persistent stress, historical trauma, racism – is a factor. She pointed out that altitude is also among the risks.

Eirian Coronado from the PRAMS (Pregnancy Risk Assessment Monitoring System) project stated they have been collecting data since 1997 in the form of birth certificates and

surveillance. They monitor whether the birth was intended, insurance coverage, prenatal care, breastfeeding, as well as risk factors such as drug use, youth, physical abuse, smoking, alcohol use, stress, etc.

Ms. Coronado also reviewed “baby-friendly” perinatal factors such as encouragement of breastfeeding, gift packs from hospitals, etc.

Ms. Ochoa noted that a distinction should be made between low birth weight and very low birth weight. Additionally, whether the birth is a singleton or twins has to be factored in.

Ms. Coronado said in the future other factors might be surveyed, such as depression and opioid use, which currently is a statistically minor component.

Among the protective factors, Dr. Wendy Johnson mentioned the Latina Paradox, especially among first generation immigrants, whereby a resiliency is conferred.

VII. B. Progress and Outcomes for Low Birth Weight Prevention Initiatives

Linnea Moreno from Las Cumbres gave an overview of their Healthy Baby Program – ¡Qué Cute! – focusing on the various risk factors. They instituted an outreach plan with brochures and flyers. She looked into gaps leading to inability to connect to resources. Program flexibility is a key to success. She reviewed the number of clients served and the degree of engagement of the participants. They found the highest risk factor in their study was stress. She discussed ACEs, Adverse Childhood Experiences, before age 18, which are tied to long-term health. Many of the pregnant women in the program scored high on the ACEs survey.

Referring to what has been learned in the course of the program, Ms. Moreno said the rate of homelessness was much higher than anticipated. She outlined means by which clients were supported, including housing, transportation and various social supports, which they were able to provide via flexible funding.

Ana Morales, Las Cumbres added that having a web of social support leads to resiliency.

Ms. Moreno indicated that collaboration with a number of partnerships has been valuable to the program. She mentioned that there was little correlation between their efforts and low birth weight per se. She touched briefly on the problems connecting with addicted women. In the future they plan to expand outreach, strengthen partnerships and continue to encourage coping skills.

Kim Krupnick, La Familia, said a priority is to make the community aware of their integrated approach, incorporating behavioral health, nutrition, diabetes education, prenatal classes, access to foods, anti-obesity, dental clinic, lactation consultants and a Suboxone program. She introduced a video made of participants in the Suboxone program. Suggestions were broached about where the short film could be disseminated. Ms. Krupnick passed around outreach materials done in English and Spanish.

The LBW initiative at La Familia consists of three prongs: pregnancy prevention,

awareness of prenatal care, and mitigation of risk factors, including depression screening and behavioral health services. Dr. Johnson pointed out that there are potential threats to Title X, which currently funds much of their LARC procedures.

Ms. Krupnick said they also emphasize storytelling and collaborations with partners. Participation in prenatal classes has increased four-fold with use of incentives. Transportation has been facilitated with bus and Uber passes. They offer CENA (Community, Exercise, Nutrition Action) to fight obesity, and smoking cessation classes which have met with only limited success. Group classes have been empowering and leads to post-partum support systems.

Dr. Johnson reviewed numbers served and how data collection has changed. She noted the MAT (Medically Assisted Treatment) program for drug users has been successful. Regarding lessons learned, she stated poverty and inequality lead to the social determinants of health that in turn create violence, depression, and self-medication. She indicated that La Familia doesn't do ACE screening but instead relies on SBIRT that checks for depression, anxiety and interpersonal safety. Generally, in the population they deal with everyone has a higher number of ACE factors. She advocates universal trauma-informed care.

VIII. Matters from the Commission and Staff

A. Director's Report

Ms. Boies gave the following updates:

- The 2018 resource directory is now available in English and Spanish. Copies may be picked up at the front desk, and organizations can receive multiple copies. The directory is also on the County website
- The dental therapy bill that the HPPC supported did not pass during the 2017 Legislative Session, but Health Action New Mexico plans to bring it up in the coming year. She has invited Health Action New Mexico to present to the Healthcare Affiliate of the New Mexico Association of Counties (NMAC) at the June meeting with a view to getting NMAC endorsement
- CSD met with new Mayor Alan Webber and provided an overview of the crisis center and the Accountable Health Community project

B. Other Matters from the Commission

Commissioner Roberts lauded the work done by Chair Szczepanski during her tenure on the committee and as Chair. She received a round of applause.

IX. Future Agenda Items

- Teen Court presentation
- Advanced directives -- August meeting

X. Announcements

- #### **A. (Tentative) Next HPPC meeting Friday, July 6, 2018, 9 a.m., Santa Fe County Community Services Department Conference Room, 2052 Galisteo**

XI. Adjournment

This meeting was declared adjourned at approximately 11:12 a.m.

Approved by:

Reena Szczepanski, Chair
Health Policy & Planning Commission

Respectfully submitted by:

Debbie Doyle, Wordswork

