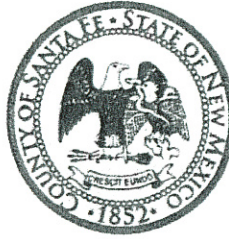


Henry P. Roybal
Commissioner, District 1

Anna Hansen
Commissioner, District 2

Rudy N. Garcia
Commissioner, District 3

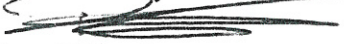


Anna T. Hamilton
Commissioner, District 4

Ed Moreno
Commissioner, District 5

Katherine Miller
County Manager

MEMORANDUM

Date: February 27, 2019
To: Santa Fe County Board of County Commissioners
From: Pablo Sedillo, III 
Public Safety Department Director
Via: Katherine Miller
County Manager
Item: Presentation and Update on Matrix Recovery Module (Public Safety Director Sedillo/ Mark Boschelli, Mental Health Manager)

SUMMARY:

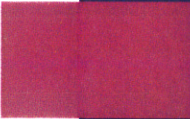
Presentation update regarding Matrix Recovery Module that was initiated by Santa Fe County Adult Detention Facility.

BACKGROUND:

Implementation of a modified therapeutic community utilizing matrix in a correction setting at a jail was instituted in the Santa Fe County Adult Detention Facility in May 2018. Therapeutic communities are a common form of long-term residential treatment for substance abuse disorders. Inmates go through the 30 day program, and progress through stages for preparation for re-entry to the community. Currently there is a 92% success rate for Graduated Matrix Males.

ACTION REQUESTED:

This is an informational presentation. There is no action requested.



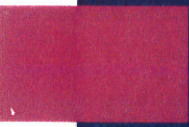
Santa Fe County Adult Detention Facility

IMPLEMENTING A PILOT MODIFIED THERAPEUTIC COMMUNITY UTILIZING MATRIX
IN A CORRECTIONAL SETTING AT A JAIL



Matrix (SAMHSA) Evidenced Based Program Combined with a TC

- ▶ Matrix (SAMHSA) Evidenced Based program
- ▶ Instituted in May 2018 in one male pod as pilot program
- ▶ Therapeutic Community (TC) initiated: **a common form of long-term residential treatment for substance use disorders (SUDs)**. Residential treatment for SUDs emerged in the late 1950s out of the self-help recovery movement, which included groups such as Alcoholics Anonymous. Some such groups evolved into self-supporting and democratically run residences to support abstinence and recovery from drug use (Sacks & Sacks, 2010).
- ▶ Matrix Recovery Module covers 30 days of treatment.



Matrix (SAMHSA) Evidenced Based Program

- ▶ Motivational Interviewing clinical overlay
- ▶ Dialectical Behavioral Therapy (DBT) skills taught and practiced
- ▶ Motivational Interviewing therapy philosophy
- ▶ Institutional **sobriety** is our **hallmark** which allows our inmates clear thinking, and greater ability to practice and learn new skills
- ▶ Upon completion certificate and other motivational enhancements awarded at graduation ceremony



MATRIX Relapse Prevention

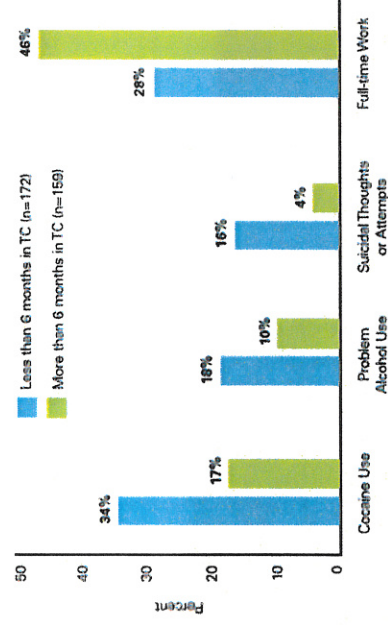
- | | |
|--|---|
| ▶ Mapping of Self on Stages of Change
(Pre-contemplation, Contemplation,
Preparation, Action, Maintenance) | ▶ Total Abstinence |
| ▶ Triggers of Criminal Behavior | ▶ Relapse Prevention |
| ▶ Trigger-Thought-Craving-Use | ▶ Taking Care of Business and Managing
Money |
| ▶ Thought Stopping Techniques | ▶ 12-Step Groups |
| ▶ Staying Busy | |
| ▶ Motivation and Recovery | |

Therapeutic communities (TCs)

Therapeutic communities (TCs) have a recovery orientation, focusing on the whole person and overall lifestyle changes, not simply abstinence from drug use. This orientation acknowledges the chronic, relapsing nature of substance use disorders (SUDs) and holds the view that lapses are opportunities for learning (Vanderplasschen et al., 2013; De Leon, 2012).

A primary component of the TC is "community as method"—people live drug-free together in a residential setting in the community (although sometimes TCs are in prisons or shelters).

OUTCOMES 5 Years After Treatment



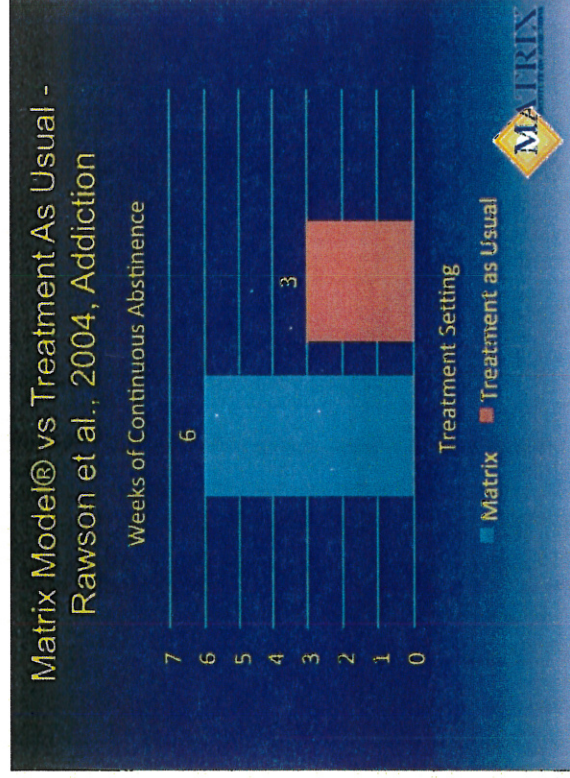


Modified Therapeutic Community (MTP)

- ▶ SFCADF uses a Modified Therapeutic Community (MTP)
- ▶ Modifications from traditional TCs include smaller caseloads, shortened and simplified meetings, and minimized confrontation.
- ▶ In addition, the MTC contains components to address criminal thinking and to provide medication education.
- ▶ The goal of the program is to use a positive peer culture to foster personal change and to reduce the incidence of return to a criminal lifestyle. Matrix Graduate inmates in the MTC program function as a positive peer leadership to guide and support newer members as they begin to develop and apply new values, beliefs, and skills to their daily lives.

Matrix for Criminal Justice Settings

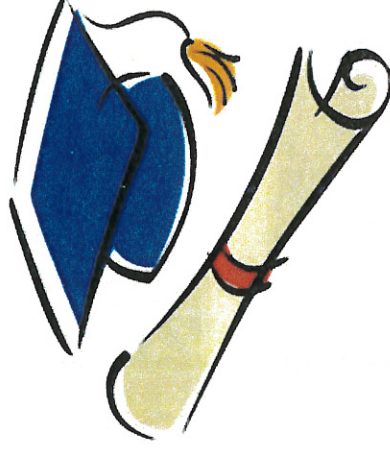
- ▶ Matrix combines education with both substance use and criminal thinking and behaviors. Based on the award-winning Matrix Model, this program has been specifically adapted to meet the unique needs of law involved clients and includes a focus on criminal thinking, re-entry, and adjustment issues. The program covers early recovery skills, relapse prevention, social support, adjustment or re-entry challenges, and urinalysis, with participation in a 12-Step program encouraged throughout.



Current Pilot MATRIX/MTC at SFCADF

- ▶ Five Rounds of Matrix since May 2018
- ▶ N = 21 Males Graduated out of 30 who were accepted = 70% Graduation Rate
- ▶ 2 Male Graduates have re-offended = 5% Male Matrix Graduation recidivism rate as of 1/25/19

95% success rate for Graduated Matrix Males



Expansion of Matrix at SFCDF on 3.4.19

Pilot of Men's Matrix

- ▶ Inmate Volunteers
- ▶ Modified Therapeutic Community for Men
- ▶ Matrix program to run for 30 days
- ▶ Able to compare MTC with Males to MTC with Females success rate after completion
- ▶ 12 men will participate in a MTC pod

Men's Matrix

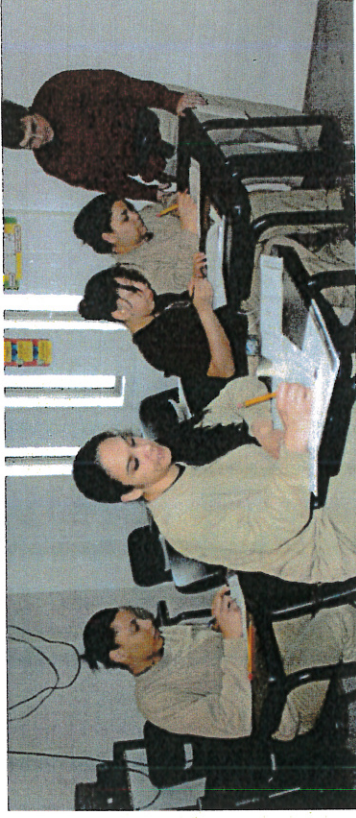


Expansion of Matrix at SFCDF on 3.4.19

Pilot of Women's Matrix

- ▶ Inmate Volunteers
- ▶ Modified Therapeutic Community for Women developed
- ▶ Matrix program to run for 30 days
- ▶ Able to compare MTC with Males to MTC with Females success rate after completion
- ▶ 9 women will participate in a MTC pod

Women's Matrix





Future Impact of Matrix at SFCDF

- ▶ Help Municipal, Magistrate and District Courts realize that completion and graduation from SFCADF is equivalent to a 30-day behavioral health residential program which highlighted an institutional sobriety
- ▶ Thus decreasing burden on re-entry specialists attempting to locate placement for inmates
- ▶ Decrease time at SFCADF due to eliminating wait for placement by inmate
- ▶ Opiate Overdose Prevention: Didactic and Video of signs of OD, How to help OD, distribution of Narcan rescue kit to inmates upon release
- ▶ Administration of Naltrexone (Vivitrol) IM upon Matrix completion prior to release

