Children, Youth & Families Department

STATE OF NEW MEXICO

Children's Mobile Response and Stabilization Services (MRSS)

CYFD Behavioral Health Services

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Children's MRSS ~ *New Mexico System of Care*

New Mexico Children's MRSS Service   *Respond~Support~Connect*

New Mexico Children's Mobile Response and Stabilization Services (MRSS) is a child, youth, and family specific behavioral health crisis intervention and prevention service. MRSS provides immediate response to de-escalate and stabilize the early phase of a *caregiver defined crisis*.

MRSS services are for any family defined crisis. A few examples of common issues that MRSS staff can help with include:

– **escalating emotional or behavioral issues**   – **mental health challenges**
– **addiction and substance abuse**   – **physical and emotional trauma**
– **school truancy**   – **running away from home**
– **parent/child or caregiver/child conflict**   – **suicidal ideation**

MRSS *is:*

- A timely *in person* response within 60 minutes to 72 hours contingent on the caregiver defining the event as urgent or emergent
- Conducted by a local *Behavioral Health Agency* team
- A time limited service to de-escalate and stabilize and prevent future crises
- A relationship focused model that includes Family Peer Support Services
- A model that includes 8 weeks of stabilization services and a warm hand off of skills to prevent future crises

MRSS *is not:*

- Triaged and de-escalated at the call center
- A co-response model with law enforcement
- A replacement for Behavioral Health services
- A Court ordered or system mandated service

> ### Stabilization Services
>
> Supports the child's ability to manage daily activities and establishes clear connections to treatment services, community & natural supports, and Wraparound to reduce the likelihood of ongoing behavioral health crises

MRSS Goals:

- Maintain children in their current living situation and community environment
- Reduce out of home placement
- Reduce Resource Family placement disruption
- Promote and support safe behaviors in home, school, and community
- Diversion: Reduce the use of emergency departments and detention centers due to a behavioral health crisis