



MONTHLY UPDATES / NOVEMBER 2025

Can you believe we're already in November? It seems like this year has only just really taken off, and here we are. Already at the end of the year! For a lot of us, November officially kicks off the beginning of the holiday season. Thanksgiving preparations are underway and Christmas and Hanukkah are just around the corner followed by the new year! Speaking of Thanksgiving, the sign-up sheet for the Thanksgiving luncheon is available so be sure to put your name on that list!

I hope you all have a wonderful November, and don't forget to set your clocks back an hour on November 2nd!

See you at the center.

Lula

Here's what's happening in November...

UPCOMING CLOSURES:

CENTER CLOSED TUESDAY NOVEMBER 11 In observance of Veteran's day – All classes will be cancelled, and lunch will not be served. Regular operations will resume on Wednesday November 12.

CENTER CLOSED THURSDAY NOVEMBER 27 & FRIDAY NOVEMBER 28 For Thanksgiving Break – All classes will be cancelled, and lunch will not be served. Regular operations will resume on Monday December 1.

ANNOUNCEMENTS



Inclement Weather:

Winter months are fast approaching, and with that comes winter weather! In the case of inclement weather, *there is the possibility that the County & senior centers will be on a 2-hr delay or even be closed due to unsafe driving conditions.* If there is snow or ice outside, and you are unsure of whether the center will be open, please visit the Santa Fe County Website at www.santafecountynm.gov There will be a bright red banner at the top of the homepage that will state whether offices are closed or on a 2-hr delay. **If offices are closed, senior centers will be as well. If Offices are on a 2-hr delay, Senior centers will open at 10am, and all 9am classes will be cancelled.** There is occasionally the possibility that a delay can be upgraded to a closure depending on weather conditions, and the final determination is always posted to the website by 8:00am, so it's always worth a second look, just in case. Also please note that if you try to call the center, and we are on a delay, or closed, staff will not be at the center to answer phones. The County website is the most reliable way to gain that information, and will reflect final updates by 8:00am. If you need to call, you can call our main office at 505-992-3069 or the County Manager's office at 505-986-6200

If you find yourself in any kind of emergency during winter weather, please do not hesitate to call 911 – Power outages, no heat and no water can turn into very serious situations in a very short amount of time in any circumstance, but particularly during the winter. If you are in need of assistance of any kind in paying utilities, getting firewood, propane etc. please call our senior navigator at the CONNECT program. 505-986-6239. They have resources to help you in any way you may need.

Parking Lot Etiquette:

As many of you are aware, there is limited space in our parking lot, and with the growing popularity of our classes, there are days when finding a parking spot can be difficult. *Please continue to reserve 4 the parking spots to the east of our building (next to the dumpsters) for Santa Fe County staff and vehicles.* This is to ensure that a secure area is available for County vehicles, and that staff has easy access to vehicles in the event of an emergency. Please also do not utilize a marked handicap parking spot unless you have a visible handicap placard or designated license plate. Occasionally the Sheriff's office does visit our parking lot and will issue tickets for those that are not parked appropriately. Additionally, please do not park in the handicap loading zones (spots marked with diagonal lines next to handicap spots.) These are specifically designed so that those with handicap ramps on their vehicles can load and unload into their vehicles. If you park there, they do not have enough room for ramps, wheelchairs or walkers to be loaded in and out. And finally, for your safety, please only park in designated parking spots. On busy days, the upper parking lot in front of the Max Coll center can be utilized, as well as the library parking lot. Please do not park in front of the dumpsters, beside curbs, along the retaining wall, or along the street. These areas do not allow for the safe exit/entry from your vehicle, and in some cases open your vehicle up to damage from other vehicles, delivery trucks, or the doors to the dumpster area, which sometimes get caught by the wind and swing open.

Thank you for understanding and making our parking lot as safe as possible for everyone at the senior center.

Refrigerator Etiquette:

As many of you are aware, there is a refrigerator/freezer in the kitchenette for everyone to use as needed. Occasionally there will be items there that are for all to take, but also it is a space for participants and staff to store items that need to be refrigerated or frozen before taking them home. This could include lunches, groceries, snacks, drinks etc. Please remember that **communal snacks will always be designated as such with a note. Please, if an item is not designated as "free to take" do not take it unless it belongs to you, or you have clarified with staff.** We have recently had some items, and lunches "go missing" when our participants have stored them for the day. **This includes items in the freezer, as well.**

Classes:

Just a friendly reminder that **all of the classes offered at Santa Fe County senior centers, including the Ken & Patty Adam Senior Center are offered free of charge for all participants over the age of 60.** At no time should an instructor or participant ask you for a fee for instruction or equipment use of any kind. All materials and equipment provided (including kilns, grinders, hand tools etc.) are, and should be provided by Santa Fe County. Our wish is to provide a fun and friendly environment for all older adults to enjoy, socialize and learn something new without the stress of purchasing materials, or worrying about keeping up with fees. Of course, all participants are welcome to bring their own materials and supplies for classes as well, but if ever anything is needed for a class all you need to do is make a request to your activities coordinator to make it happen! (in due time, of course...) Please note also, that in the event that a

community member under the age of 60 is interested in participating in a class, and does not qualify for membership to the center via spouse, they are welcome to utilize the instructional aspect of our classes, but must provide their own materials such as art supplies, workout equipment etc. and may not utilize County owned or provided equipment or supplies. (We do not wish to turn away family members etc. wanting to spend more time with our participants by attending the center with them, but our funding only allows for so much. This is how we are able to work around it.)

***“November Is The Month To Remind Us To
Be Thankful For The Many Positive Things
In Our Lives ”
-Unknown.***

UPCOMING WORKSHOPS, GUEST SPEAKERS & EVENTS:



Mah Jongg 101 with Noemi Smith – Wednesday November 5 @ 9:30am

The time is now for the beginning of another session! If you are interested in learning how to play Mah jongg, this is your chance! A new class will be beginning October 2. Bring your wit, and willingness to learn! This 4-week course will get you on your way to becoming a Mah jongg master. Space is limited so please sign-up to reserve your place today. (or leave your name and phone number with Noemi or Lula so that we know you're coming!)

DAY TRIP – Belen Harvey House Museum – Thursday, November 13 2025 @ 9am

Join us for a day of fun and history as we explore the Harvey House Museum. Fred Harvey (1835 - 1901) was born in England and came to America at the age of fifteen. As soon as Harvey arrived, he got a job in a restaurant and started as a dishwasher. He learned the business from the ground up and in 1876 began a partnership with the Atchison, Topeka & Santa Fe Railroad. He was given exclusive rights to operate the lunchrooms, eating houses and hotels along the railway's routes. His attention to detail, quality and customer service changed the country's rail travel industry. We'll learn about Fred Harvey, the Harvey Girls, and enjoy a delicious lunch at the Whistle Stop Café. Please bring \$5 for museum entry, and money for lunch and shopping, comfortable walking shoes, weather appropriate attire and your preferred form of hydration. Sign-up is required to secure your seat on the bus!

Abstract Painting workshop with Susannah – Friday November 14 12:30pm

You asked for more, and we listened! Susannah has agreed to make her talents available to us for another wonderful abstract painting workshop! No experience or “skill” necessary! Play with shape and color, get messy and have fun with good

friends, all while making something beautiful! Bring an apron if you have it, all other materials will be provided.

Also, you can support Susannah by checking out her beautiful artwork displayed at the bank this October through December!



Guest Speaker – Santa Fe County Assessor’s Office VETERAN’S OUTREACH – Tuesday, November 18, 11:00am-1:00pm

Santa Fe County Assessor’s office will be joining us for Veteran’s outreach. If you are a veteran and you are interested in assistance or discounts available to you on your property taxes, the wonderful staff from our SFC Assessor’s office will be here to assist with whatever you need!

Guest Speaker – Artificial intelligence, real consequences with New Mexico Licensing and Regulation Department – Joel Wiggelsworth with the NMLRD will be here teach us how to avoid becoming a victim of the latest scams. We’ll learn how AI is used to impersonate celebrities, relatives and friends, impersonate businesses, impersonate government officials (deepfake) and create fake strangers to con you out of your time and money. We’ll learn about audio and video deepfakes, voice cloning and caller ID spoofing. This is a very beneficial class to attend and we highly recommend everyone sit in to listen.

THANKSGIVING DAY LUNCHEON – Thursday November 20 11:30-1pm

Join us for our annual pre-thanksgiving feast! Turkey, pumpkin pie and good friends are to be enjoyed by all. The sign-up sheet is available, and signing up is required in order to ensure we have enough food to go around to everyone. (PLEASE NOTE that signing up does not reserve your lunch in any way, it is just to give our kitchen staff a better idea of how many meals to prepare for.) this is the busiest day of the year, so be sure to sign-up, and be prepared for a crowd.

WORKSHOP – Ojo de Dios crafting with Annette – Friday November 21 @ 12:30pm

Join us for a fun craft workshop! Annette will lead us in making Ojo de Dios. Bring your own sticks, or use those provided by the center. We have plenty of yarn to go around, but if you’d like to add something special to yours you are welcome to do so. After, you can take your creation home with you, or display it on our wall! All are welcome to join. Sign up sheet is available so that we know how many to prepare for.

***“Fallen Leaves Lying On The Grass In The
November Sun Bring More Happiness
Than The Daffodils. ”***

-Cyril Connolly

FROM THE FRIENDS OF THE ADAM SENIOR CENTER...

NEXT MEETING: Tuesday November 18 @ 1:00pm (meetings will take place on the 2nd Tuesday of the month at 1pm for the foreseeable future.)

Friends meetings are open to anyone and everyone that would like to join and help in any way they can. **We encourage all of our community members to attend, add a fresh, unbiased prospective, and help make our senior center & community a beautiful place**

SPECIAL THANKS TO...



A Big “Thank you!” to Patti Harris for all the hard work you do around the center! We appreciate all the work you do with the Friends, working the flea market to raise funds for the center, teaching our renowned strength training class, helping out with the glass class & kiln and every little thing you do around the center! Without your sunny disposition and can-do attitude our center wouldn’t be the same.

Also a big “thank you” to Joan Osborn for everything you do for our center! We appreciate you spearheading the Home Delivered Meal favor project, teaching our Spanish class, working in the garden, facilitating the sewing group, and always being a helping hand around the center! You’re one of the good ones, and we’re thankful you’re here.

ONGOING:

Sunshine Committee -

Our newly established Sunshine Committee is a group of individuals dedicated to just that: bringing sunshine to our senior center community in small, easy ways every day. Anyone can participate in brightening up our center. You can be an Ambassador for the Day, donning a nametag and welcoming new members of our center, showing them around and helping them get situated at lunch. You could also organize a “card shower” for one of our participants that is having a birthday, is ill or in the hospital, lost a loved one, or just because they need a little cheering up. The newly established “Sunshine Sewers” create placemats and rug mugs for our homebound community that need a little uplifting and are always looking for extra hands as well! There are many ways you can participate and be a Sunshine Bringer! For more information please see Lula.

Donations for Bienvenidos Outreach -

In light of our future partnership with Bienvenidos Outreach, we will be holding a

winter clothing drive to support their mission, and benefit the members of our community that Bienvenidos serves. Beginning November 1st we will be accepting donations of any new or lightly used winter appropriate clothing including jackets, sweaters, coats, gloves, scarves and hats for men, women and children, as well as new, unopened packs of socks. And as always we are continuing to accept donations of clean and empty egg cartons to assist in their food distributions as well.

Clothing donations can be left at the front desk so that they can be put aside, and egg cartons are being collected in the Kitchenette above the stove.

Thank you all for your continued support of our greater Eldorado and Santa Fe community.

For more information on Bienvenidos, please visit their website at www.bienvenidosfoodpantry.org

Paper Bag Collection

We continue to collect donations of paper bags with handles for Kitchen Angels. Donations can be put in the designated box in the kitchenette, and our volunteers will collect and deliver them to Kitchen Angels, who will then use them to distribute meals to elderly and disabled homebound community members.

Baby Blankets

If you are feeling crafty, or have been making blankets without an outlet for distribution, we continue to collect handmade baby blankets for the participants of Many Mothers. Donations can be turned in at the front desk, and when we have enough, our volunteers will collect and deposit them with Many Mothers. These blankets go to new moms in our community that are participating in the Many Mothers program.

ON THE LOOKOUT FOR...

Keurig donations – As many of you know, unfortunately, Santa Fe County does not provide pods for our Keurig coffee machine that many of us have come to love and use daily. So, we have to rely on the generosity of those that partake to keep it going. If you are interested in donating pods, or funds towards the purchase of pods, please let me know.

Thanks, and we hope to see you at the center soon!

Please see email attachments for the lunch menu, activities calendar, & nutrition tips for this month.

