



AUGUST 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Suggested Donation for Seniors 60+ (and spouse) - \$1.50 Individuals 59 years and under pay \$7.50 Contact our office for more information: 505-992-3069</p>			1	2
			<p>Frito Pie Lettuce, Tomato, Onion, Cheese Chile Beans Cornbread Cinnamon Apples</p>	<p>Chicken Caesar Salad Croutons/Parmesan Cheese Carrot & Celery Sticks Garlic Knot Orange Slices</p>
5	6	7	8	9
<p>Sloppy Joe Tater Tots Baked Beans Yogurt & Peaches</p>	<p>Spaghetti w/ Meat sauce Salad Garlic Knot Cauliflower Cookie</p>	<p>Chili Dog w/ Cheese Mixed Veggies Cobbler</p>	<p>Chili Relleno Spinach Refried Beans Sweet Rice</p>	<p>Breaded Cod Sandwich Onion Rings Coleslaw Brownie</p>
12	13	14	15	16
<p>Soft Chicken Tacos Lettuce, Tomato, Cheese Calabacitas Fruit Crisp</p>	<p>Dill Fish w/ Tartar Sauce Wild Rice WW Roll Mandarin Oranges</p>	<p>Sweet & Sour Pork Stir Fry Veggies Rice Egg Roll Fortune Cookie</p>	<p>Chicken Fried Steak Baked Potato Mixed Veggies WW Roll Apricots</p>	<p>Ham & Beans Sliced Red Peppers w/ Onions Cornbread w/ Butter Fruit Pie</p>
19	20	21	22	23
<p>Turkey Sub Lettuce, Tomato, Cheese Pasta Salad w/ carrots Yogurt</p>	<p>Pork Chop w/ Gravy Green Beans WW Roll Peaches</p>	<p>Baked Chicken Wild Rice Peas & Carrots WW Roll Spiced Apples</p>	<p>Cheeseburger Lettuce, Tomato, Onion Onion Rings Pork & Beans Cookie</p>	<p>Chicken Salad w/ Croissant Lettuce, Tomato Chips Cottage Cheese w/ Fruit</p>
26	27	28	29	30
<p>BBQ Beef Sandwich Potato Wedges Pork n Beans Apple</p>	<p>Chicken Parmesan w/ Pasta Asparagus Garlic Knot Pudding</p>	<p>Green Chili & Beef Burrito Mexicorn Rice Pudding</p>	<p>Lemon Pepper Fish Wild Rice Broccoli WW Roll Pears</p>	<p>Chef Salad w/ Egg Turkey, Ham, Cheese Pasta Salad Club Crackers Cookie</p>

