



October 2020



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| | | | 1 | 2 |
|  |  SANTA FE COUNTY | | Beef Stroganoff Peas and Carrots WW Roll Fruit Salad | Green Chile Cheese Burgers French Fries Ranch Beans Brownie |
| 5 | 6 | 7 | 8 | 9 |
| Chicken Parmesan w/ Marinara Noodles Green Beans BreadStick Peaches | Lemon Pepper Chicken Breast Roasted Potatoes w/Gravy California Vegetables WW Roll Fruit Cocktail | Chile Relleno Spanish Rice Beans Chocolate Cake | Boneless BBQ Rib Sandwich Tater Tots Coleslaw Cookie | Baked Fish Rice Broccoli WW Roll Jello |
| 12 | 13 | 14 | 15 | 16 |
| Columbus Day County Offices and Senior Centers are Closed  | Salisbury Steak Mashed Potato w/gravy Cauliflower WW Roll Sliced Apples w/cinnamon | Beef Fajitas Beans MexiCorn Chocolate Pudding | Oven Baked Pork Chops Wild Rice Peas WW Roll Spiced Pears | Pepper Steak Egg Noodles Mixed Veggies Garlic Knot Apple Cobbler |
| 19 | 20 | 21 | 22 | 23 |
| Red Chile Beef Frito Pie Beef/Beans Lettuce, Tomato, Cheese, Onions Cookie | Roasted Chicken Breast Scalloped Potatoes Peas and Carrots Cobbler | Spaghetti w/ Meat Sauce Green Beans Garlic Knot Strawberry Shortcake | Chicken Fried Steak Mashed Poatoes w/ Gravy Peas WW Roll Fruit | Tuna Casserole w/ Egg Noodles Mixed Veggies WW Roll Cake |
| 26 | 27 | 28 | 29 | 30 |
| Creamy Chicken Alfredo over Fettucini Noodles Broccoli Garlic Knot Pudding | Beef Soft Tacos Spanish Rice Beans Apple Slices | BBQ Chicken Breast Oven Roasted Potatoes Corn WW Roll Yogurt | Lemon Pepper Baked Fish Wild Rice California Veggies Cookie | Beef Mac And Cheese Mixed Veggies WW Roll Mandarin Oranges |

Menu is subject to change without Notice!

**IF YOU WILL NOT BE HOME FOR YOUR MEAL
PLEASE CALL THE OFFICE TO LET US KNOW**

**Santa Fe County Senior Services
505-992-3069**