



# JUNE 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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## Santa Fe County Senior Services

Suggested Donation for Seniors 60+ (and spouse) - \$1.50

Individuals 59 years and under pay \$7.50

For and questions or comments please call **505-992-3069**

Lunch is served Monday- Friday 11:30am- 1:00pm

3	4	5	6	7
Pepper Steak Brown Rice Sliced Carrots WW Roll Sugar Free Jello w/ Fruit	Cornflake Chicken Broccoli and Cheese WW Roll Fruit Salad	Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Applesauce Cake	Sweet and Sour Pork Fried Rice Stir Fry Vegetables Mandarin Oranges	Chile Relleno Pinto Beans Spinach Salad Cornbread Strawberries and Bananas
10	11	12	13	14
Taco Salad Mexicorn Mixed Fruit	Sausage and Musroom Pizza Side Salad Breadstick Sugar Free Brownie	Baked Macaroni & Cheese Brussels Sprouts WW Roll Cottage Cheese w/ Peaches	Chicken Enchilada Lettuce, Tomato, Onion Pinto Beans Spinach Bread Pudding	Cooked Cabbage w/ Rice & Ground Beef Mixed Vegetables WW Roll Watermelon
17	18	19	20	21
Frito Pie Lettuce, Tomoato, Onion Apricots	Turkey BLT Sandwich Pasta Salad Yogurt w/ Granola	Chef Salad w/ Egg Club Crackers Pears	Hamburger WW Bun TatorTots Carrot and Celery Sticks Cookie	Chicken Salad Sandwich Cucumber Salad Sun Chips Jello w/ Fruit
24	25	26	27	28
Meatball Sub Baked Beans Baked Chips Applie Crisp	Chicken Fajita Fajita Veggie Blend Spanish Rice Tortilla Strawberry Shortcake	Pork Chop Mixed Veggies Parmasean Potatoes Pineapple	Beef Tacos Pinto Beans Calabacitas Banana Pudding	Tuna Salad Carrot Raisin Salad Peaches