

SUGGESTED DONATION for Seniors 60+ (and spouse) - \$1.50

March 2018

Individuals 59 years and under pay \$7.50

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1 Beef Tips over Rice Brown Gravy Mixed Vegetables Pudding		2 Tuna Salad Sandwich Tomato & cucumber salad Sun Chips Fruit Cup	
5 Beef Stew w/potatoes & mixed vegetables Cornbread Pineapple Cake				6 Chicken Caesar Salad Garlic Knot Yogurt Cookie		7 Baked Pork Chop Stuffing Carrots w/w Roll Fruit w/ Yogurt		8 Oven Fried Chicken Mashed potatoes w/cream gravy Peas & carrots Biscuit Cookie	
12 Pepper Steak Roasted Potatoes Tossed Salad Biscuit Apricots		13 Grilled Chicken Breast Quinoa w/Spinach & Feta w/w Roll Jello w/ fruit		14 Frito Pie w/ Beans, Chili Lettuce/Tomato/Cheese/Onion Mexicorn Cobbler		15 Corned Beef & Cabbage Roasted Potatoes w/w Roll Apple Spice Cake		16 Grilled Cheese Sandwich Tomato Soup Celery & Carrot Sticks Crackers Sliced apple	
19 Chicken Fajitas Lettuce/Tomato/Cheese Beans Calabacitas Rice Pudding		20 Green Chili Cheese Burger Lettuce/Tomato/Onion/Pickle Steak Fries Applesauce		21 Baked Chicken Breast w/ Pasta & Parm. Cheese Steamed Broccoli Tossed Salad w/w Roll Brownie		22 Taco Salad Spanish Rice Pinto Beans Cookie		23 Baked Fish Paprika Roasted Potatoes Carrots w/w Roll Fruit & Yogurt	
26 Chicken Chow Mein Rice Asian Vegetable Mix Egg Roll Pears		27 Beef Stroganoff w/ Pasta Spinach w/w Roll Strawberry Short Cake		28 Rigatoni w/ Meat Sauce Cauliflower Garlic Knot Pudding		29 Oven Baked Chicken Stuffing Mixed Vegetables Tossed Salad Chocolate Cake		30 Egg Salad Sandwich on Croissant Brussel Sprouts Strawberry Short Cake	

