



# October 2018

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
<b>Mac &amp; Cheese w/ Chicken &amp; Broccoli</b> Garlic Knot Fruit Cocktail		<b>Grilled Cheese w/ Turkey</b> Vegetable Stew Brownie		<b>Baked Fish w/ Tarter Sauce</b> Green Beans w/ Almonds Wild Rice WW Roll Berry Crisp		<b>Beef Tacos w/ Salsa</b> Lettuce, Tomato, Onion, Cheese Pinto Beans Apple Crisp NATIONAL TACO DAY		<b>BLT</b> Sweet Potato Fries Coleslaw Yogurt w/Fruit	
<b>8</b> <b>Columbus Day</b> <b>County Offices are Closed</b> <b>Senior Centers are Closed</b> 		<b>9</b> <b>Veggie Pizza</b> Mushroom, Olives, Peppers, GC Pasta w/Marinara & Cheese Apple Cobbler NATIONAL PIZZA DAY		<b>10</b> <b>Liver &amp; Onions</b> Mashed Potatoes w/ Gravy Peas Biscuit Chocolate Cake w/ Frosting		<b>11</b> <b>Almond Crusted Chicken</b> Roasted Potatoes w/Spinach Brussel Sprouts  WW Roll Strawberry, Banana Salad		<b>12</b> <b>Red Chile Beef Enchiladas</b> Pinto Beans Spanish Rice Grandmas Cookies	
<b>15</b> <b>Beef &amp; Broccoli</b> Fried Rice Stir Fry Veggies Almond Cookie		<b>16</b> <b>Chicken Fajitas w/mushrooms</b> Refried Beans Tortilla Churro		<b>17</b> <b>California Turkey Club Wrap</b> Potato Chips Carrot/Celery Sticks Apple Slices		<b>18</b> <b>BBQ Rib Sandwich</b> Tater tots Corn Peanut Butter Cookie		<b>19</b> <b>Meatloaf</b> Mashed Potatoes w/ Gravy Corn WW Roll Candied Peach Shortcake	
<b>22</b> <b>Green Chile Smothered Burrito</b> Beef/Beans Calabacitas Tapioca		<b>23</b> <b>Lemon Baked Fish</b> Rice Pilaf Brussel Sprouts Lemon Bar		<b>24</b> <b>Chicken &amp; Sausage Gumbo</b> Rice Okra & Tomato Salad Pecan Cobbler 		<b>25</b> <b>Chef Salad</b> Ham, Turkey, Egg, Cheese Garlic Breadstick Chocolate Chip Cookie		<b>26</b> <b>Pot Roast</b> Potatoes, Carrots, Celery WW Roll Applesauce Cake	
<b>29</b> <b>Honey Glazed BBQ Chicken</b> Scalloped Potatoes Ranch Beans Cornbread Oatmeal Cookie		<b>30</b> <b>Buffalo Chicken Wrap</b> Potato Salad Jello w/Fruit		<b>31</b> <b>Pork Posole w/Red Chile</b> Tortilla Pinto Beans Sweet Rice w/Raisins				<b>Monthly Star Item!</b>  This star signifies a new item. Be sure to let us know what you think!	