



# December 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
BLT/ Wheat Bread Pickle Spear Tator Tots Fruit Cocktail	Lasagna w/ Meat Sauce Garlic Bread Tossed Salad Corn Sugar Cookie 	Baked Cajun Fish Wild Rice WW Roll Spiced Pears	BBQ Pulled Pork Sandwich Pasta Salad Pork N Beans Grilled Pineapple	Teriyaki Chicken Rice Potstickers Fortune Cookie
10	11	12	13	14
Beef Tacos w/ Salsa Lettuce/Tomato/Cheese Spanish Rice Cake w/ Frosting	Chicken Pot Pie Beets Applesauce Brownie	Cheese Tortellini w/ Meat Sauce Veggie Blend WW Roll Chocolate Pudding w/ Strawberries	Brown Sugar Glazed Ham Garlic Rosemary Mashed Potatoes Roasted Asparagus WW Roll Fruit Salad W/ Whipped Topping	<b>ALL CENTERS CLOSED</b> 
17	18	19	20	21
Supreme Sausage Pizza Caesar Salad Corn Chocolate Chip Cookie	Panko Crusted Fish Coleslaw Green Beans Cornbread Apricot Crisp	Chicken Alfredo Garlic Bread Spring Mix Salad Baked Apples	Tamales w/ Chile Pinto Beans Chuckwagon Corn Orange Cake	Chef Salad w/ Egg Ham, Turkey, Cheese Breadstick Jello w/ Fruit
24	25	26	27	28
Meatball Sub Chips Green Beans Plums		Toasted Ham & Swiss Tomato Bisque Mixed Veggies Granola Bar	Cornflake Chicken Roasted Potatoes Cauliflower WW Roll Apple Crisp	Beef Tips w/ Gravy Egg Noodles Roasted Broccoli Baked Spiced Peaches
31	 <b>Suggested Donation for Seniors 60+ (and spouse) - \$1.50</b> <b>Individuals 59 years and under pay \$7.50</b>			
Egg Salad Sandwich Celery & Carrot Sticks Chips Strawberry Shortcake				