



Edgewood Senior Center

January 2026

Monday		Tuesday		Wednesday		Thursday		Friday		
				1	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior Discount Day			2	9-10am High Intensity Exercise	
5	9-3pm Ceramics 9-10am High Intensity Exercise	6	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo Senior Discount Local Thrift Stores		7	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior	8	9-3pm Ceramics 10-11am Chair Exercise 1-3 Painting	9	9-10am High Intensity Exercise
12	9-3pm Ceramics 9-10am High Intensity Exercise	13	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo Senior Discount Local Thrift Stores	14	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior	15	9-3pm Ceramics 10-11am Chair Exercise 1-3 Painting	16	9-10am High Intensity Exercise	
		20	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo Senior Discount Local Thrift Stores	21	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior	22	9-3pm Ceramics 10-11am Chair Exercise 1-3 Painting	23	9-10am High Intensity Exercise 	
26	9-3pm Ceramics 9-10am High Intensity Exercise	27	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo Senior Discount Local Thrift Stores	28	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior	29	9-3pm Ceramics 10-11am Chair Exercise 1-3 Painting	30	9-10am High Intensity Exercise	
<p>CALENDAR IS SUBJECT TO CHANGE WITH OR WITHOUT NOTICE. FOR MORE INFORMATION ON CLASSES OR CANCELLATIONS, PLEASE CALL US AT 505-466-1039</p> <p>FOR DELAY OR CLOSURE INFORMATION IN THE EVENT OF INCLEMENT WEATHER PLEASE CHECK THE COUNTY WEBSITE</p>				<p>CONTACTS:</p> <p>Abedon Lopez Center: 505-753-8598 Benny J. Chavez Center: 505-351-4686 Eldorado Center: 505-466-1039 El Rancho Center: Edgewood Center: 505-281-2515 Rufina Center: 505-471-9800</p>				<p>Transportation: 505-992-3069 Home Delivered Meals: 505-992-3069 Main Office: 505-992-3069 Program Director (Matilda Byers): 505-992-9838 Program Navigator (additional services): 505-986-6239</p>		