







Edgewood Senior Center

January 2026

Monday		Tuesday		Wednesday		Thursday		Friday	
				1	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior Discount Day			2	9-10am High Intensity Exercise
5	9-3pm Ceramics 9-10am High Intensity Exercise	6	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo Senior Discount Local Thrift Stores	7	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior	8	9-3pm Ceramics 10-11am Chair Exercise 1-3 Painting	9	9-10am High Intensity Exercise
12	9-3pm Ceramics 9-10am High Intensity Exercise	13	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo Senior Discount Local Thrift Stores	14	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior	15	9-3pm Ceramics 10-11am Chair Exercise 1-3 Painting	16	9-10am High Intensity Exercise
		20	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo Senior Discount Local Thrift Stores	21	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior	22	9-3pm Ceramics 10-11am Chair Exercise 1-3 Painting	23	9-10am High Intensity Exercise 
26	9-3pm Ceramics 9-10am High Intensity Exercise	27	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo Senior Discount Local Thrift Stores	28	9-10am High Intensity Exercise 11-12 Guitar Lessons 1-2pm Senior Yoga Moriarty Foods Senior	29	9-3pm Ceramics 10-11am Chair Exercise 1-3 Painting	30	9-10am High Intensity Exercise

CONTACTS:

CALENDAR IS SUBJECT TO CHANGE WITH OR WITHOUT NOTICE.
FOR MORE INFORMATION ON CLASSES OR CANCELLATIONS,
PLEASE CALL US AT 505-466-1039
FOR DELAY OR CLOSURE INFORMATION IN THE EVENT OF
INCLEMENT WEATHER PLEASE CHECK THE COUNTY WEBSITE

Abedon Lopez Center: 505-753-8598
Benny J. Chavez Center: 505-351-4686
Eldorado Center: 505-466-1039
El Rancho Center:
Edgewood Center: 505-281-2515
Rufina Center: 505-471-9800

Transportation: 505-992-3069
Home Delivered Meals: 505-992-3069
Main Office: 505-992-3069
Program Director (Matilda Byers): 505-992-9838
Program Navigator (additional services): 505-986-6239