



# Edgewood Senior Center

# AUGUST 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Dates to lookout for</b>  <b>August 14th- Day Trip Picnic and a Hike</b>								1	9-10am High Intensity Exercise
4	9-3pm Ceramics 9-10am High Intensity Exercise	5	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo	6	9-10am High Intensity Exercise 11-12 Guitar Lessons	7	9-3pm Ceramics 10-11am Chair Exercise 11-1130 Nutrition Class 1-3 Painting	8	9-10am High Intensity Exercise
11	9-3pm Ceramics 9-10am High Intensity Exercise	12	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo	13	9-10am High Intensity Exercise 11-12 Guitar Lessons	14	9-3pm Ceramics 10-11 Chair Exercise 1-3 Painting 11-4 Senior Dance <b>Day trip-Mountain hike</b>	15	9-10am High Intensity Exercise
18	9-3pm Ceramics 9-10am High Intensity Exercise	19	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo	20	9-10am High Intensity Exercise 11-12 Guitar Lessons	21	9-3pm Ceramics 10-11 Chair Exercise 11-1130 Nutrition Class 1-3 Painting	22	9-10am High Intensity Exercise
25	9-3pm Ceramics 9-10am High Intensity Exercise	26	9-3pm Ceramics 10-11am Chair Exercise 9-11 Wood Carving 1-2pm Bingo	27	9-10am High Intensity Exercise 11-12 Guitar Lessons	28	9-3pm Ceramics 10-11 Chair Exercise 11-1130 Nutrition Class 1-3 Painting	29	9-10am High Intensity Exercise

## CONTACTS:

CALENDAR IS SUBJECT TO CHANGE WITH OR WITHOUT NOTICE.  
FOR MORE INFORMATION ON CLASSES OR CANCELLATIONS,  
PLEASE CALL US AT **505-281-2515**  
FOR DELAY OR CLOSURE INFORMATION IN THE EVENT OF  
INCLEMENT WEATHER PLEASE CHECK THE COUNTY WEBSITE

**Abedon Lopez Center: 505-753-8598**  
**Benny J. Chavez Center: 505-351-4686**  
**Eldorado Center: 505-466-1039**  
**El Rancho Center:**  
**Edgewood Center: 505-281-2515**  
**Rufina Center: 505-471-9800**

**Transportation: 505-281-2515**  
**Home Delivered Meals: 505-281-2515**  
**Main Office: 505-992-3069**  
**Program Director (Matilda Byers): 505-992-9838**  
**Program Navigator (additional services): 505-986-6239**