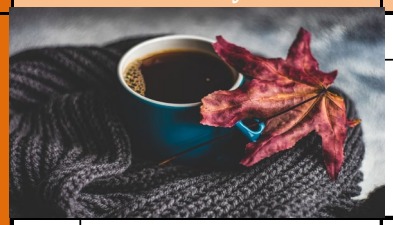
# Edgewood Senior Center NOVEMBER 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
|  | | | | 30 9-10am High Intensity Exercise<br>9-3pm Quilting |
| 2 9-3pm Ceramics<br>9-10am High Intensity Exercise | 3 9-3pm Ceramics<br>10-11am Chair Exercise<br>9-11 Wood Carving<br>1230-2pm Bingo<br>**Senior Discount Local Thrift Stores** | 4 9-10am High Intensity Exercise<br>11-12 Guitar Lessons<br>1-2pm Yoga<br>**Moriarty Foods Senior Discount Day** | 5 9-3pm Ceramics<br>10-11am Chair Exercise<br>1-3 Painting | 6 9-10am High Intensity Exercise<br>9-3pm Quilting |
| 9 9-3pm Ceramics<br>9-10am High Intensity Exercise | 10 9-3pm Ceramics<br>10-11am Chair Exercise<br>9-11 Wood Carving<br>1230-2pm Bingo<br>**Senior Discount Local Thrift Stores** |  | 12 9-3pm Ceramics<br>10-11am Chair Exercise<br>1-3 Painting | 13 9-10am High Intensity Exercise<br>9-3pm Quilting |
| 16 9-3pm Ceramics<br>9-10am High Intensity Exercise | 17 9-3pm Ceramics<br>10-11am Chair Exercise<br>9-11 Wood Carving<br>1230-2pm Bingo<br>**Senior Discount Local Thrift Stores** | 18 9-10am High Intensity Exercise<br>11-12 Guitar Lessons<br>1-2pm Yoga<br>**Moriarty Foods Senior** | 19 9-3pm Ceramics<br>10-11am Chair Exercise<br>1-3 Painting | 20 9-10am High Intensity Exercise<br>9-3pm Quilting |
| 23 9-3pm Ceramics<br>9-10am High Intensity Exercise | 24 9-3pm Ceramics<br>10-11am Chair Exercise<br>9-11 Wood Carving<br>1230-2pm Bingo<br>**Senior Discount Local Thrift Stores** | 25 9-10am High Intensity Exercise<br>11-12 Guitar Lessons<br>1-2pm Yoga<br>**Moriarty Foods Senior Discount Day** |  | 27  |

CALENDAR IS SUBJECT TO CHANGE WITH OR WITHOUT NOTICE.
FOR MORE INFORMATION ON CLASSES OR CANCELLATIONS,
**PLEASE CALL US AT 505-281-2515**
FOR DELAY OR CLOSURE INFORMATION IN THE EVENT OF INCLEMENT WEATHER PLEASE CHECK THE COUNTY WEBSITE

**CONTACTS:**

**Abedon Lopez Center: 505-995-2749**
**Benny J. Chavez Center: 505-351-4686**
**Eldorado Center: 505-466-1039**
**El Rancho Center: 505-455-2195**
**Cerrillos Center: 505-995-2704**
**Rufina Center: 505-471-9800**

**Transportation: 505-992-3069**
**Home Delivered Meals: 505-992-3069**
**Main Office: 505-992-3069**
**Program Director (Gina Montoya): 505-992-9876**
**Program Navigator (additional services): 505-986-6239**