


# Ken & Patty Adam Senior

505-466-1039

# AUGUST 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				
				1 9:10 - Weight Training 9:30 - Drawing Practice Group 10:10 - Gentle Yoga 12:30 - Watercolor Workshop with Jan
4 9:10 - Weight Training 10:10 - Stretching & Movement 12:45 - Fiber Arts Group 1:00 Ceramics	5 9:10 - Dance Fitness 10:10 - Tai Chi - Swords 10:00 - Glass Fusion 1:00 - Crochet 1:00 - Ping Pong 1:00 - Leather Crafting	6 9:10 - Latin Dance 9:30 - Bridge Group 9:30 - Mah Jongg 101 (Must Sign Up) 10:00 - Qi Gong 11:00 - Stretching & Movement 12:45 - Bead Group 1:00pm - Mah Jongg regular group (open availability)	7 9:10 - Dance Fitness 10:10 - Tai Chi - hands 11:00 - Ageless Grace Chair Aerobics 1:00 - Ping Pong 1:00 - Conversational Spanish Group (Beginner & Intermediate)	8 9:10 - Weight Training 9:30 - Drawing Practice Group 10:10 - Gentle Yoga All Day - Open Studio
11 9:10 - Weight Training 10:10 - Stretching & Movement 12:45 - Fiber Arts Group 1:00 Ceramics	12 9:10 - Dance Fitness 10:10 - Tai Chi - Swords 10:00 - Glass Fusion 1:00 - Friends Of The Adam Senior Center Meeting 1:00 - Crochet 1:00 - Ping Pong	13 9:10 - Latin Dance 9:30 - Bridge Group 9:30 - Mah Jongg 101 (Must Sign Up) 10:00 - Qi Gong 11:00 - Stretching & Movement 12:45 - Bead Group 1:00pm - Mah Jongg regular group (open availability)	14 9:10 - Dance Fitness 10:10 - Tai Chi - hands 10:30 - DAY TRIP - Bowling @ The Alley & Santa Fe Bar & Grill 11:00 - Ageless Grace Chair Aerobics 1:00 - Ping Pong 1:00 - Conversational Spanish Group (Beginner & Intermediate)	15 9:10 - Weight Training 9:30 - Drawing Practice Group 10:00 - Sewing & Quilting Group 10:10 - Gentle Yoga All Day - Open Studio
18 9:10 - Weight Training 10:10 - Stretching & Movement 12:45 - Fiber Arts Group 1:00 Ceramics	19 9:10 - Dance Fitness 10:10 - Tai Chi - Swords 10:00 - Glass Fusion 1:00 - Crochet 1:00 - Ping Pong 1:00 - Leather Crafting	20 9:10 - Latin Dance 9:30 - Bridge Group 9:30 - Mah Jongg 101 (Must Sign Up) 10:00 - Qi Gong 11:00 - Stretching & Movement 12:45 - Bead Group 1:00pm - Mah Jongg regular group (open availability)	21 9:10 - Dance Fitness 10:10 - Tai Chi - hands 11:00 - Ageless Grace Chair Aerobics 1:00 - Ping Pong 1:00 - Conversational Spanish Group (Beginner & Intermediate)	22 9:10 - Weight Training 9:30 - Drawing Practice Group 10:10 - Gentle Yoga All Day - Open Studio
25 9:10 - Weight Training 10:10 - Stretching & Movement 12:45 - Fiber Arts Group 1:00 Ceramics	26 9:10 - Dance Fitness 10:10 - Tai Chi - Swords 10:00 - Glass Fusion 1:00 - Crochet 1:00 - Ping Pong 1:00 - Leather Crafting	27 9:10 - Latin Dance 9:30 - Bridge Group 9:30 - Mah Jongg 101 (Must Sign Up) 10:00 - Qi Gong 11:00 - Stretching & Movement 12:45 - Bead Group 1:00pm - Mah Jongg regular group (open availability)	28 9:10 - Dance Fitness 10:10 - Tai Chi - hands 11:00 - Ageless Grace Chair Aerobics 1:00 - Ping Pong 1:00 - Conversational Spanish Group (Beginner & Intermediate)	29 9:10 - Weight Training 9:30 - Drawing Practice Group 10:10 - Gentle Yoga All Day - Open Studio
CALENDAR IS SUBJECT TO CHANGE WITH OR WITHOUT NOTICE. FOR MORE INFORMATION ON CLASSES OR CANCELLATIONS, PLEASE CALL US AT 505-466-1039 FOR DELAY OR CLOSURE INFORMATION IN THE EVENT OF INCLEMENT WEATHER PLEASE CHECK THE COUNTY WEBSITE		1:00 - Pastel Group <b>CONTACTS:</b> Abedon Lopez Center: 505-753-8598 Benny J. Chavez Center: 505-351-4686 El Rancho Center: 505-455-2195 Edgewood Center: 505-281-2515 Rufina Center: 505-471-9800 Transportation: 505-992-3069 Home Delivered Meals: 505-992-3069 Main Office: 505-992-3069 Program Director (Matilda Byers): 505-992-9838 Program Navigator (additional services): 505-986-6239		