



Adam Senior Center

505-466-1039



April 2025



Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 - Dance Fitness 10:00 - Tai Chi - Swords 10:00 - Glass Fusion 12:30 - rochet or Art Explorations 1:00 - Ping Pong	2 9:00 Latin Dance Class 9:30 - Bridge Group 11:00 - Stretch & Movement 10:00 - Qi Gong 12:45 - Bead weaving 1:00 - Open Paint	3 9:00 - Dance Fitness 10:00 - Tai Chi - hands 1:00 - Ping Pong 1:00 - Beginner's Knitting Group	4 9:00 - Weight Training 10:00 - Sewing/Quilting 10:00 - Gentle Yoga 12:30 - Watercolor Workshop 1:00 - Ageless Grace
7 9:00 - Weight Training 10:00 - Stretch & Movement 12:45 - Weaving Group 1:00 Ceramics	8 9:00 - Dance Fitness 10:00 - Tai Chi - Swords 10:00 - Glass Fusion 12:30 - rochet or Art Explorations 1:00 - Ping Pong 1:00 - Friends Of The Adam Senior Center Meeting	9 9:00 Latin Dance Class 9:30 - Bridge Group 11:00 - Stretch & Movement 10:00 - Qi Gong 12:45 - Bead weaving 1:00 - Open Paint	10 9:00 - Dance Fitness 10:00 - Tai Chi - hands 1:00 - Ping Pong 1:00 - Beginner's Knitting Group	11 9:00 - Weight Training 10:00 - Sewing/Quilting 10:00 - Gentle Yoga 1:00 - Ageless Grace All Day - Open Studio Art
14 9:00 - Weight Training 9:00 - Day Trip - ABQ Telephone Museum 10:00 - Stretch & Movement 12:45 - Weaving Group 1:00 Ceramics	15 9:00 - Dance Fitness 10:00 - Tai Chi - Swords 10:00 - Glass Fusion 12:30 - Aero Garden information with Cindy 1:00 - Ping Pong	16 9:00 Latin Dance Class 9:30 - Bridge Group 11:00 - Stretch & Movement 10:00 - Qi Gong 12:45 - Bead weaving 1:00 - Open Paint	17 9:00 - Dance Fitness 10:00 - Tai Chi - hands 11:30 - iCAN healthy recipes with Renee 1:00 - Ping Pong 1:00 - Beginner's Knitting Group	18 9:00 - Weight Training 10:00 - Sewing/Quilting 10:00 - Gentle Yoga 1:00 - Ageless Grace All Day - Open Studio Art
21 9:00 - Weight Training 9:30 - Day Trip - Santa Fe County Health & Wellness Fair 10:00 - Stretch & Movement 12:45 - Weaving Group 1:00 Ceramics	22 9:00 - Dance Fitness 10:00 - Tai Chi - Swords 10:00 - Glass Fusion 12:30 - rochet or Art Explorations 1:00 - Ping Pong	23 9:00 Latin Dance Class 9:30 - Bridge Group 11:00 - Stretch & Movement 10:00 - Qi Gong 12:45 - Bead weaving 1:00 - Open Paint	24 9:00 - Dance Fitness 10:00 - Tai Chi - hands 10:30 - Treasurer's Office Tax Outreach 9:30 - Day Trip - Spring Fling Dance 1:00 - Ping Pong 1:00 - Beginner's Knitting Group	25 9:00 - Weight Training 9:00 - Day Trip - Thrifting in ABQ 10:00 - Sewing/Quilting 10:00 - Gentle Yoga 1:00 - Ageless Grace All Day - Open Studio Art
28 9:00 - Weight Training 10:00 - Stretch & Movement 12:45 - Weaving Group 1:00 Ceramics	29 9:00 - Dance Fitness 10:00 - Tai Chi - Swords 10:00 - Glass Fusion 12:30 - rochet or Art Explorations 1:00 - Ping Pong	30 9:00 Latin Dance Class 9:30 - Bridge Group 11:00 - Stretch & Movement 10:00 - Qi Gong 12:45 - Bead weaving 1:00 - Open Paint		<i>Sign-up is required for participation in day trips and some workshops. Please see newsletter or bulletin board for more info.</i>

CALENDAR IS SUBJECT TO CHANGE WITH OR WITHOUT NOTICE. FOR MORE INFORMATION ON CLASSES OR CANCELLATIONS, PLEASE CALL US AT 505-466-1039 FOR DELAY OR CLOSURE INFORMATION IN THE EVENT OF INCLEMENT WEATHER PLEASE CHECK THE COUNTY WEBSITE

Abedon Lopez Center: 505-753-8598
Benny J. Chavez Center: 505-351-4686
El Rancho Center: 505-455-2195
Edgewood Center: 505-281-2515
Rufina Center: 505-471-9800

CONTACTS:

Transportation: 505-992-3069
Home Delivered Meals: 505-992-3069
Main Office: 505-992-3069
Program Director (Anna War): 505-992-9838
Program Navigator (additional services): 505-986-6239