



MONTHLY UPDATES / MARCH 2026

March is here, and it's bringing some wonderful new happenings at the center, along with the wind.

We have a ton of fun, and informative new guest speakers scheduled this month, as well as an ever-evolving list of classes and activities! March 20th marks the official start of Spring, so what time is better to start a new class? You have nothing to lose, and a world of knowledge and skills to gain!

Please remember to sign in at the front desk every day you attend the center – even if you're just looking around, and especially if you're joining us for lunch. And if you're signing in on the unregistered Roster, please see me to fill out a registration form! Every signature on our lunch roster equals more funding for our nutrition program so it's super important to capture every name!

Hope to see you soon.
-Lula

Here's what's happening in March...

UPCOMING DAY TRIPS:

Friday, March 20 @ 11:30am Tour of Santa Fe Brewing Company Facility & Lunch @ Beer Creek Brewing Co. – Santa Fe Brewing Company has kindly set up for us to have a tour of their brewing facility. We'll learn about the beer brewing process, see how and where they store their ingredients, and see the beers being canned up for distribution in real time! Afterward we'll head down the road to Beer Creek Brewing Co for lunch.

UPCOMING GUEST SPEAKERS:

Monday, March 2 @ 10:00am Kadyn Wilson with Adult Protective Services – Please help us welcome Kadyn as she helps to teach us about Adult Protective Services, when to call, how they're available to help and how their services can be implemented in our community. This is a great opportunity to gain some information if you have a friend, neighbor or family member that you're concerned for but are unsure of where to start to get them the help they need.

Wednesday, March 11 @ 11:30am Dale Lipp with Stellar Senior Housing Experts



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Tuesday, March 17 @ 1:00 Renee Thomas with Tandy Leather – Renee will be joining our leather crafting class every 3rd Tuesday of the month to lead a workshop on a specific aspect of leather working. This week, she'll lead us through dying and coloration. Join us if you'd like to learn a new skill!

Wednesday, March 18 @ 10:00am Ann Nichols with Eldorado Neighbors Helping Neighbors – ENHN is a wonderful group of volunteers here in the Eldorado area that are available to help with chores when you need a little extra assistance. Ann Nichols and the volunteers from Eldorado Neighbors Helping Neighbors will be here to talk about their organization, how they help the community and answering any and all questions you may have about how to volunteer, or how to get the help you need for yourself or someone else.

SPECIAL PRESENTATION:

Tuesday, March 24 @ 9:30am Quilts of Valor Presentation – The Northern New Mexico Quilt Guild will be presenting Quilts of Valor to local veterans in thanks of their service.

NEW CLASSES:

- **Deal Me In Cards & Games - Mondays @ 1:00pm**
- **Chat & Chew (chat group) – Thursdays @ 1:00pm**
- **Scrapbook & Papercrafts (self-led) – Fridays All Day**
- **Book Club – Every 3rd Tuesday @ 1:00 (will be meeting 3/31 due to scheduling conflicts)**

GROCERY DISTRIBUTION:

Thursday March 12 – 11:30am – 1:00pm You **MUST** fill out an application with **Bienvenidos Outreach** before you can pick up your groceries – applications are available in the center.

Thursday March 26 – 11:30am – 1:00pm You **MUST** fill out an application with **Bienvenidos Outreach** before you can pick up your groceries – applications are available in the center.\

***“In The Spring, I Have Counted 136
Different Kinds Of Weather Inside Of 24
Hours. ”
-Mark Twain***

FROM THE FRIENDS OF THE ADAM SENIOR CENTER...

NEXT MEETING: Tuesday March 10 @ 1:00pm (meetings will take place on the 2nd Tuesday of the month at 1pm for the foreseeable future.)

What is the Friends of the Adam Senior Center? “The Friends” is a New Mexico non-profit corporation governed by the New Mexico Secretary of State. Their purpose is to bridge the gap between the members of the Adam Senior Center, and Santa Fe County, advocate for the needs of our elder community, and assist with the purchase of supplies & equipment for our classes and enrich the senior center experience via events, activities, trips and speakers.

Most recently, the Friends has helped our center with the purchase of Valentine’s Day décor for the lunch room, facilitating the donation of cupcakes for our monthly birthday celebration (first Wednesday of the month) and providing the fee to have the Santa Fe Raptor Center visit in February with their resident Great Horned Owl, BBoy for education on programming and conservation efforts. The Friends has also been able to reimburse some of our members for the purchase of equipment and supplies that have been used to make gifts for our home delivered meals recipients to encourage morale and self-esteem in our homebound community, and provide additional weights for our ever popular weight training class.

Friends meetings are open to anyone and everyone that would like to join and help in any way they can. **We encourage all of our community members to attend, add a fresh, unbiased prospective, and help make our senior center & community a warm and hospitable place.**

SPECIAL THANKS TO...



A Big “Thank you!” to Mario and BBoy from the Santa Fe Raptor Center for visiting our center last month! It was so good to get to know both of you and we hope you’re able to visit again!

Also, a huge thank you to the Sunshine Sewing Group for all of your ongoing efforts in bringing joy and positivity to our veterans & homebound seniors. Our homebound community has been so grateful and appreciative for the placemats and mug rugs! It certainly brings everyone a moment of brightness when they receive them. Thank you.

ANNOUNCEMENTS

Center Etiquette Reminder: SHARE AND SHARE ALIKE

Our activities and classes are quickly outgrowing our space, and that means that we will have to share space. No classroom or area is specifically earmarked for any one group or class except during the specific scheduled time allotted for that group or class. For example, Ceramics class is scheduled on Monday. The Art studio/classroom is not off limits to everyone else all day Monday; only while it is in use by the ceramicists between the time of 1:00pm and 3:00pm. Anyone else is welcome to use the space before that time for painting, sewing, glass, drawing etc. This applies to all other spaces including the back exercise room, library, sewing/game room, and lunchroom. That being said, if the ceramics class is cancelled for the day, or on hiatus the room is no longer reserved for the ceramicists at their designated time and anyone that would like to use the space for their needs, is welcome to. Eventually if the building is expanded we may have the privilege of

reserving specific spaces for specific groups or people, but until then all rooms and areas are multi purpose.

That being said...

Senior center equipment and supplies can not and should not be stored in the Max Coll center AKA the exercise room. This area is locked off from the rest of the senior center in the evenings and weekends and rented to the public for meetings, birthday parties, receptions, classes etc. and, with the exception of the equipment closet in which we store the exercise equipment, the rest of the Coll center is available to anyone that rents the center and any supplies or equipment left there can and will be used by anyone renting the Coll center. This opens up our equipment to damage and theft that is best avoided by storing all items on the Senior Center side of the building.

PLEASE KEEP IN MIND...

Our senior center welcomes a vast and diverse population of our community's elders, and with such a varied group, comes a varied collection of ideals, principals, religious & political backgrounds and ethnical differences. Please, while you are visiting our center, keep these differences in mind, and help us to keep a friendly and welcoming environment for all. We kindly ask that any discussion of topics that may tend to become heated, spirited or uncomfortable in any way be left for conversations outside of the senior center. That being said, spreading information, or misinformation about our fellow attendees should also come to an end. If someone shares a thought, story or bit of personal information with you, it should not be shared with all. Whether it's explicitly said that it is to be kept to yourself or not, we want to keep all types of gossip out of our center if at all possible in order to continue our sense of security and keep our center a safe space for all. **We want all of our elders to feel welcome and comfortable, without anyone feeling a sense of oppression, segregation or discrimination for their differing views or ideals, or feel like they are unable to talk to anyone without their information or stories being spread around the community without their consent.**

Additionally, as our center houses a diverse population of new members and members that have been attending for quite some time, we ask that all of our participants, whether participating in a class, group, trip, discussion or meal, respect all other members of our center, as well as the belongings of other members, and that which belongs to the center itself. We have several volunteers that help our staff oversee several different aspects of the center, (as well as Santa Fe County employees) and have many projects or items that are housed within the center that belong, not only to the center, but to our volunteers, or participants as well. Please, do not move, alter or otherwise touch a project etc. without the express permission of the person that owns it. (if it is County/Center item or equipment, please ask staff) Including artwork hanging on the walls, works in progress in the classrooms, plants, aero-gardens, and supplies housed in the various storage closets. That being said, the senior center is not to be used as a storage area for personal items, equipment or supplies. Please take any and all personal equipment and supplies home with you to avoid anything inadvertently being damaged, or going missing.

Inclement Weather:

Don't let our recent bout of beautiful weather fool you, we are not quite out of the

winter weather yet! In the case of inclement weather, *there is the possibility that the County & senior centers will be on a 2-hr delay or even be closed due to unsafe driving conditions.* If there is snow or ice outside, and you are unsure of whether the center will be open, please visit the Santa Fe County Website at www.santafecountynm.gov There will be a bright red banner at the top of the homepage that will state whether offices are closed or on a 2-hr delay. **If offices are closed, senior centers will be as well. If Offices are on a 2-hr delay, Senior centers will open at 10am, and all 9am classes will be cancelled.** There is occasionally the possibility that a delay can be upgraded to a closure depending on weather conditions, and the final determination is always posted to the website by 8:00am, so it's always worth a second look, just in case. Also please note that if you try to call the center, and we are on a delay, or closed, staff will not be at the center to answer phones. The County website is the most reliable way to gain that information, and will reflect final updates by 8:00am. If you need to call, you can call our main office at 505-992-3069 or the County Manager's office at 505-986-6200

If you find yourself in any kind of emergency during winter weather, please do not hesitate to call 911 – Power outages, no heat and no water can turn into very serious situations in a very short amount of time in any circumstance, but particularly during the winter. If you are in need of assistance of any kind in paying utilities, getting firewood, propane etc. please call our senior navigator at the CONNECT program. 505-986-6239. They have resources to help you in any way you may need.

Parking Lot Etiquette:

As many of you are aware, there is limited space in our parking lot, and with the growing popularity of our classes, there are days when finding a parking spot can be difficult. *Please continue to reserve 4 the parking spots to the east of our building (next to the dumpsters) for Santa Fe County staff and vehicles.* This is to ensure that a secure area is available for County vehicles, and that staff has easy access to vehicles in the event of an emergency. Please also do not utilize a marked handicap parking spot unless you have a visible handicap placard or designated license plate. Occasionally the Sheriff's office does visit our parking lot and will issue tickets for those that are not parked appropriately. Additionally, please do not park in the handicap loading zones (spots marked with diagonal lines next to handicap spots.) These are specifically designed so that those with handicap ramps on their vehicles can load and unload into their vehicles. If you park there, they do not have enough room for ramps, wheelchairs or walkers to be loaded in and out. And finally, for your safety, please only park in designated parking spots. On busy days, the upper parking lot in front of the Max Coll center can be utilized, as well as the library parking lot. Please do not park in front of the dumpsters, beside curbs, along the retaining wall, or along the street. These areas do not allow for the safe exit/entry from your vehicle, and in some cases open your vehicle up to damage from other vehicles, delivery trucks, or the doors to the dumpster area, which sometimes get caught by the wind and swing open.

Thank you for understanding and making our parking lot as safe as possible for everyone at the senior center.

Refrigerator Etiquette:

As many of you are aware, there is a refrigerator/freezer in the kitchenette for everyone to use as needed. Occasionally there will be items there that are for all to take, but also it is a space for participants and staff to store items that need to be refrigerated or frozen before taking them home. This could include lunches, groceries, snacks, drinks etc. Please remember that **communal snacks will always be designated as such with a note. Please, if an item is not designated as “free to take” do not take it unless it belongs to you, or you have clarified with staff.** We have recently had some items, and lunches “go missing” when our participants have stored them for the day. **This includes items in the freezer, as well.**

Classes:

Just a friendly reminder that **all of the classes offered at Santa Fe County senior centers, including the Ken & Patty Adam Senior Center are offered free of charge for all participants over the age of 60.** At no time should an instructor or participant ask you for a fee for instruction or equipment use of any kind. All materials and equipment provided (including kilns, grinders, hand tools etc.) are, and should be provided by Santa Fe County. Our wish is to provide a fun and friendly environment for all older adults to enjoy, socialize and learn something new without the stress of purchasing materials, or worrying about keeping up with fees. Of course, all participants are welcome to bring their own materials and supplies for classes as well, but if ever anything is needed for a class all you need to do is make a request to your activities coordinator to make it happen! (in due time, of course...) Please note also, that in the event that a community member under the age of 60 is interested in participating in a class, and does not qualify for membership to the center via spouse, they are welcome to utilize the instructional aspect of our classes, but must provide their own materials such as art supplies, workout equipment etc. and may not utilize County owned or provided equipment or supplies. (We do not wish to turn away family members etc. wanting to spend more time with our participants by attending the center with them, but our funding only allows for so much. This is how we are able to work around it.)

***“To Plant A Garden Is To Believe In
Tomorrow.”
-Audrey Hepburn***

ONGOING:

Sunshine Committee -

Our newly established Sunshine Committee is a group of individuals dedicated to just that: bringing sunshine to our senior center community in small, easy ways every day. Anyone can participate in brightening up our center. You can be an Ambassador for the Day, donning a nametag and welcoming new members of our center, showing them around and helping them get situated at lunch. You could also organize a “card shower” for one of our participants that is having a birthday, is ill or in the hospital, lost a loved one, or just because they need a little cheering up. The

newly established “Sunshine Sewers” create placemats and rug mugs for our homebound community that need a little uplifting and are always looking for extra hands as well! There are many ways you can participate and be a Sunshine Bringer! For more information please see Lula.

Donations for Bienvenidos Outreach -

In light of our ongoing partnership with Bienvenidos Outreach, we are accepting donations of winter clothing to support their mission, and benefit the members of our community that Bienvenidos serves. Beginning November 1st We are currently accepting donations of any new or lightly used winter appropriate clothing including jackets, sweaters, coats, gloves, scarves and hats for men, women and children, as well as new, unopened packs of socks. And as always we are continuing to accept donations of clean and empty egg cartons to assist in their food distributions as well.

Clothing and food donations can be left at the front desk so that they can be put aside, and egg cartons are being collected in the Kitchenette above the stove.

Thank you all for your continued support of our greater Eldorado and Santa Fe community.

For more information on Bienvenidos, please visit their website at www.bienvenidosfoodpantry.org

Paper Bag Collection

We continue to collect donations of paper bags with handles for Kitchen Angels. Donations can be put in the designated box in the kitchenette, and our volunteers will collect and deliver them to Kitchen Angels, who will then use them to distribute meals to elderly and disabled homebound community members.

Baby Blankets

If you are feeling crafty, or have been making blankets without an outlet for distribution, we continue to collect handmade baby blankets for the participants of Many Mothers. Donations can be turned in at the front desk, and when we have enough, our volunteers will collect and deposit them with Many Mothers. These blankets go to new moms in our community that are participating in the Many Mothers program.

Thanks, and we hope to see you at the center soon!

Please see email attachments for the lunch menu, activities calendar, & nutrition tips for this month.

