



## MONTHLY UPDATES / OCTOBER 2026



## Welcome Back! Here's What's Happening In October...

### Quick note:

#### **Kilns:**

The kilns (yes plural) are installed, repaired and up and running! This means we are able to fire for ceramics and glass fusion classes again. (Woo-hoo!!!) Please feel free to join us for classes! Ceramics is held on Mondays at 1:00pm, and Glass Fusion on Tuesdays and Thursdays at 10:00am. Please remember that only trained and approved individuals can turn on the kiln, so if you need something fired please discuss with those individuals. Also, it is imperative that we only run 1 kiln at a time. Because of this there are now designated days for ceramics firings and glass firings. Please see your class facilitators for more information.

**Please remember that you will never and should never be asked to help monetarily support class supplies, or “pitch in” for anything related to classes in the senior center – including repairs of or purchase of equipment and supplies. This is against our policies and procedures and will result in disciplinary action which can include suspension or expulsion from Santa Fe County Senior Centers. If you are asked, please decline and report the request to Lula.**

### UPCOMING DAY TRIPS:

**Friday October 2 – 9:30am – Santa Fe Convention Center – QUILT FIESTA** - We've had several requests to attend the Quilt Fiesta this month! Join us as we peruse over 150 different quilted works by local artists as displayed by the Northern New Mexico Quilting Guild. Entry is \$10 to look, shop and visit with local artisans. After, we will enjoy lunch at Tomasita's.

Once again we find ourselves in Autumn...how'd that happen so quickly??

I hope you all had a fantastic summer, and are gracefully shifting into the Autumn season.

I know it's been a while since we've had an actual newsletter update, and I apologize, and I thank you all for sticking with me over the last few months! We've been busy here at Santa Fe County Senior Services making sure we're doing great things for our community, not least of which was opening a new center in Cerrillos, NM! If you are ever in the area of Cerrillos you should stop by and visit our center, and our newest coordinator, Madeline, and get a tasty lunch from our cook, Dillon! It's a beautiful little center with a gorgeous view, and you can watch the train go by while you enjoy lunch or read a book in their reading room.

Early Voting begins in the Coll Center Saturday 10/17/26 which means we'll all be sharing space in the main lunchroom for classes and activities. Please be patient with us during this time.

I hope you all have a wonderful Spooky Season/October! Don't forget to participate in our Not So Scary Halloween Party! I have prizes for the best costumes, and if dressing up isn't your thing, you can bring a tasty dessert to share!

See you in the Center!

-Lula

## **Silly One-Liners:**

**What do you call a fake noodle?** An Impasta!

**Why can't you trust stairs?** Because they're always up to something!

**Why can't you trust an atom?** Because they make up literally everything.

**What has four wheels and flies?** A garbage truck.

**What do you call a bear with no teeth?** A gummy bear.

**What do you call an alligator in a vest?** An investigator.

**Why did the scarecrow win an award?** Because he was outstanding in his field.

**Why did the cookie go to the doctor?** Because he felt crummy.

**Why does it take a pirate so long to learn the alphabet?** Because they can spend years at C.

**How do you catch a squirrel?** Climb up a tree and act like a nut.

**Where does a king keep his armies?** In his sleeves.

## **NEW CLASSES, WORKSHOPS & PRESENTATIONS:**

### **Tuesdays & Thursdays @ 10:00 – Glass Fusion**

We have added a second day for glass fusion class! Join us on Tuesday and Thursday mornings to cut, tack, fuse and create beautiful glass artwork that can be worn or displayed!

### **Tuesdays @ 1:00pm – Exploring The Spanish Speaking World – Spanish Language Practice**

Join us on Tuesday afternoons to explore the Spanish Speaking World with our talented instructor, Clara Evans. Meet new friends, practice your Spanish speaking skills and learn a thing or two about different parts of the world, customs, cultures and more! All skill levels are welcome to join!

### **Fridays @ 9:00am – Drawing Practice Group**

Drawing practice is a great way to develop your ability to really “see” what you’re looking at. Great practice for painters, too. Everyone is welcome to join us!

## **Volunteer Models Wanted**

For Portrait Drawing Session  
Fridays, 9:00-11:30am



Take home  
a beautiful  
drawing for  
you or your  
family!



**Contact Susannah:  
Call or text 303-818-5743**

### **Not So Spooky Halloween Party & Dessert Potluck! – Friday October 30 – 11:30am**

Join us for a not-so-spooky Halloween celebration! Dress-up in your favorite Halloween costume, or bring a spooky themed dessert to share, or both! Prizes will be given to the top 3 costumes, so let your creativity flow! If you don't want to dress up, that's OK too! We'll all enjoy a variety of delicious desserts with our dessert potluck! (don't have the time to make something? No worries! You can buy a little something to share too!)

Please Note: Stretch & Balance Classes will be held next door at the Vista Grande Library during Early Voting except on 1/19 & 11/2. Please See Carol Karps for more information.

**ISO: Short stories, poetry, artwork and more to be featured in our newsletter, as well as the Senior Voice!**

If you would like to have a small feature in our newsletter please email Lula at:

[lwilson@santafecountynm.gov](mailto:lwilson@santafecountynm.gov)

with the subject

“Newsletter Submission.”

Submissions can be poetry, short stories (fiction or non-fiction) photographs, paintings, drawings or anything you’ve created you’d like us to use!

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***“I Have Been Younger In October Than In All The Months Of Spring.”***

***-W.S. Merwin***

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### **FROM THE FRIENDS OF THE ADAM SENIOR CENTER...**

**NEXT MEETING: Tuesday October 13 @ 1:00pm**  
(meetings will take place on the 2<sup>nd</sup> Tuesday of the month at 1pm in the senior center library.)

The Board of the Friends of the Adam Senior Center is a group of volunteers. The elected positions are shown below:

Gloria Pendlay – President  
Patti Harris – Vice President  
Linda Gloria – Secretary  
Carol Horn – Board Member

Nina Wells - Board Member  
Yolanda Brewer - Board Member  
Pat Berssen - Treasurer

One of the main goals of the Board is to provide funds for equipment and/or services that the County does not provide. The Friend’s funds are gathered from the Eldorado Flea Market sale of donated goods, donations from individuals and the EACA and sales of donated items sold from the display case, or donations from our portrait drawing class.

The Board is available to review requests for funds for equipment and/or services where the County may not be able to. The process is outlined below for proposed requests:

1. Research the items or services necessary and the cost;
2. Talk to the Activities Director for class approval or possible County purchase;
3. If the County is unable to purchase, come to the Board meeting and present a request for the funds and approval;
4. Purchase the items or services and then obtain reimbursement from the Board with valid receipt;
5. If the need is immediate, the request can be submitted to Lula (Activities Program Coordinator) who will contact the Board members for a telephone or email vote on the request for reimbursement.

**To avoid any confusion and unnecessary delay, it is required that requests be made to the Board before the purchase. Purchases made before board approval, and not run through the official method of approval, may not be accepted for reimbursement.**

## Photos!



Marta & Karen ride the SkyRide at the NM State Fair!



Recipients of last month's Quilts of Valor with the QOV Volunteers.



The Adam Senior Center Garden in Full Bloom!

## SPECIAL THANKS TO...



A Big "Thank you!" to All of our class instructors and facilitators that donate their time & energy to bringing enrichment to our community.

**Patti Harris – Weight Training**  
**Katherine Kozik - Sunshine Sewing & How To Sew**  
**Carol Karps - Stretch & Movement**  
**Eileen Levy - Weaving/Fiber Arts & Gourd Painting**  
**Selene Sinclair - Ceramics & Glass Fusion**  
**Carolyn Tjoland – Games & Cards Salon**  
**Sandra Young – Dance Fitness & Pastel Group**  
**Wendy Singer – Tai Chi**  
**Brian Adams – Brian Adams**  
**Clara Evans – Meet The Spanish Speaking World**  
**Marta Patino – Latin Dance Fitness**  
**Noemi Smith – Mahjongg & Mahjongg 101**  
**Joe Dudley – Qi Gong**  
**Joni Alm – Beading Group**  
**Ann Rader-Tate – Beading Group**  
**Susannah VanDyke – Drawing Practice**  
**Maureen O'Brien – Gentle Yoga**  
**Rhoda Rein & Louie Sanchez– Pool/Billiards**  
**Nancy Wheeler – Polymer Clay**

**You are the stars of our center, and without volunteers like you, our center would frankly be boring.**

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***"The Smallest Act Of Kindness Is Worth More Than The Grandest Intention."***

***-Oscar Wilde***

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## COMMUNITY INFORMATION:

### RE-USE CENTER IS OPEN!

The Re-use Center celebrated it's re-opening on September 30<sup>th</sup>, and is open Wednesdays and Saturdays from 10am-12:00pm. At this current time they don't have enough volunteers to be open on Fridays. Swing by and drop off your items, pick up something new (to you) or ask about volunteering!

### FROM THE VISTA GRANDE LIBRARY:



For Immediate Release | Contact: [info@vglibrary.org](mailto:info@vglibrary.org)  
505-466-7323

**What Makes Santa Fe The City Different? A Presentation by Dr. John Self, Author of "A Santa Fe Compendium"**

## **Brain Teasers:**

I get wetter the more I  
dry. What am I?

I have hands, but no  
arms. I have a face but  
no eyes. What am I?

The more you take, the  
more you leave behind.  
What am I?

Kevin's father has three  
sons: Snap, Crackle and  
\_\_\_\_? What is the name  
of the third son?

A woman lives in a one-  
story house where  
everything is green. The  
carpet is green, the tile  
is green, the cabinets  
are green. What color  
are the stairs?

I am lighter than a  
feather, but you cannot  
hold me for long. What  
am I?

Travel + Leisure magazine named Santa Fe Best City of the Year for good reason! Join Dr. John Self, author of "A Santa Fe Compendium," 7 p.m., Thursday, Oct. 1, 2026, at Vista Grande Public Library, in Eldorado, for an entertaining presentation exploring the people, places, stories and curiosities that have made Santa Fe The City Different. Tickets are \$25 and can be purchased [here](#). Tickets are also available at the library.

Space is limited to 50.

*All proceeds benefit the library.*

Packed with surprising facts, historical insights, humor and fascinating characters, this talk is perfect for the curious—whether you've lived here 60 years or are only passing through. You'll leave with new stories to tell and a deeper appreciation for the capital of New Mexico, one of the most distinctive cities in the world. Dr. Self will share photos, little-known facts, and memorable stories to offer a fresh perspective on a city many think they already know.

SCAN FOR TICKET INFO:



### **Vista Grande Public Library's FALL Book Sale, Nov. 12-14, 2026**

Mark your calendars! Vista Grande Public Library's **FALL Book Sale** returns November 12-14. This important fundraiser will be held at the library, located at 14 Avenida Torreon in Eldorado. We have thousands of books, audiobooks, DVDs, and CDs in every genre and interest for kids and adults plus locally produced art for sale at unbelievably affordable prices.

**Our Book Sale is known for top quality & low prices: Most books and digital media just \$1 to \$5. Special gift items & collections!**

**Don't miss out on special sales & events! Check our [website](#) for updates.**  
**SALE HOURS:**

**-Nov. 12, THURSDAY**

**8:15 a.m. – 10 a.m.: EARLY BIRD SALE.** \$50 entry at door. Great selection and quieter shopping for the early birds. Entry fee supports the operations of the best independent library around!

**-Nov. 12 & 13, THURSDAY & FRIDAY**

**10 a.m. – 6 p.m.: OPEN SHOPPING.** Free entry. Special curated gift section.

**Friday afternoon only, 1 – 6 p.m.: Buy One Paperback, Get One Free!**

**Scavenger Hunt, 2-5 pm.** Win free books!

**-Nov. 14, SATURDAY**

**NEW HOURS! 10 a.m. – 4 p.m.: \$10-A-BAG SALE.** Free entry and we supply the bag! (Items \$5 & higher excluded from bag sale.)

Shop for everyone on your list, and, don't forget to check our [website](#) for updates.

**We look forward to seeing you! On behalf of the VGPL Board of Directors and our hard-working staff and volunteers, thank you for supporting your local, independent library.**

*We accept cash, Visa/MasterCard, Discover, American Express, and local checks with identification. Book Sale is a fundraiser for Vista Grande Public Library, a 501(c)(3) nonprofit community library.*

### **ART AT THE LIBRARY**

Art in the Case: Selene Sinclair, Resting Vessels

Back in time for Halloween season, local favorite Selene Sinclair displays "Resting Vessels." Made of commercial paper mache mixed with coffee grounds,

glitter, metal filings, mica and glue, the vessels speak to the voyage beyond — death and dying.

Sinclair says that while some find it difficult to speak about death, her feeling is one of curiosity: “It is like packing up everything we have managed to acquire and everything we have learned and everyone we have loved to step out of our bodies and go on. Somewhere. Forever.” She adds,

"I like to think that my conscious soul will remain in things I made, people I knew, clothing I wore, places I have been."

The material used in the resting vessels is very forgiving and formable, similar to clay. Once dry, the mixture is unbelievably strong and light. Sinclair says she has explored vessels as containers for remains and has cast death masks to suggest once-living subjects.

### **TRIVIA GAMES AT THE LIBRARY AND NUCKOLLS BREWING CO. IN LAMY**

Get the little grey cells working! Trivia Night at Vista Grande Public Library, at 14 Avenida Torreon in Eldorado, and at Nuckolls Brewing Co in Lamy (152 Old Lamy Trail, Lamy, NM 87540), guarantees a fun evening pitching your wits against that of the library TRIVIA MASTERS -- and you support the independent Vista Grande Public Library at the same time. \$10 per person to play. Bring yourself or bring your team. All Proceeds benefit the library.

#### **DATES, LOCATIONS AND TIMES:**

- Sept. 28, Library, 7-9 pm
- Oct. 9, Nuckolls in Lamy, 4-6 pm
- Oct. 26, Library, 7-9
- Nov. 13, Nuckolls in Lamy, 4-6 pm

### **BIENVENIDOS OUTREACH GROCERY DISTRIBUTION:**

**DISTRIBUTION TAKES PLACE EVERY OTHER THURSDAY. PLEASE SEE CALENDAR FOR DISTRIBUTION DAYS. You MUST be signed up for distribution prior to receiving groceries. Applications are available in the center. Please return them at your earliest convenience.**

*\*During this distribution, you will be given 2 bags of groceries to take home with a mix of fresh and shelf-stable groceries, many of which have been donated, all of which change week to week. Due to the nature of the program, and the growing number of participants we cannot accommodate participants picking and choosing their items, or returning what they don't want.*

*Please also keep in mind that extras such as desserts, cereals and fresh herbs and plants are on a first-come, first-served basis and are not guaranteed. These items are donated from local businesses for the distributions and are in limited supply. If you have complaints about these items, please bring them up with the Bienvenidos main office, and not our volunteers as they do not control what comes in, and are unable to save items for individuals. Thanks.*

### **Donations for Bienvenidos Outreach -**

In light of our ongoing partnership with Bienvenidos Outreach, we are accepting

### Brain Teaser Answers:

- A Towel
- A Clock
- Footsteps
- Kevin
- There are no stairs. The house has one story.
- Your Breath

donations of clothing to support their mission, and benefit the members of our community that Bienvenidos serves. We are currently accepting donations of any new or lightly used clothing as well as new, unopened packs of socks. Now that the colder months are approaching, we appreciate any donations of hats, gloves, scarves, sweaters and jackets/coats as well.

We continue to accept donations of clean and empty egg cartons to assist in their food distributions as well. **Bienvenidos are only able to reuse the 6 and 12 size cartons, so please recycle your 18 counts.**

Clothing and food donations can be left at the front desk with a note so that they can be put aside, and egg cartons are being collected in the kitchenette on the shelf beneath the Free Food Share area.

Thank you all for your continued support of our greater Eldorado/285 and Santa Fe community.

For more information on Bienvenidos, please visit their website at [www.bienvenidosfoodpantry.org](http://www.bienvenidosfoodpantry.org)

### ONGOING:

#### **Equipment and Supplies:**

As many of you are aware, Santa Fe County provides much of our equipment and supplies for classes and workshops, which is then stored here in the center for use during class time. These supplies are provided so that everyone can participate in class regardless of whether they have been able to purchase their own supplies or not. If you are not participating in a class, please do not take the supplies home for your projects. There have been several instances of art supplies and exercise equipment being taken home so that people can work on their personal projects at home. This is not the intent of the center supplies, and we kindly ask that you please leave them here to work on your projects/artwork in the center. When everyone takes them home we have nothing left to use for class, and it puts a strain on our very limited recreational budget. If you need more time to work on your projects, or use weights, yoga mats etc you are more than welcome to come during Open Studio time or utilize them when the art or exercise rooms are available. Thank you for your understanding.

On a related subject, **items that you are making in our art or crafts class are for personal enjoyment only.** Please do not use our supplies from beading, fiber arts, ceramics, polymer clay, painting/pastels etc. to create items to be sold at online marketplaces, craft fairs etc. You are, however, welcome to join our classes *with your own personal supplies* and utilize the provided instruction to create for this purpose.

#### **Freebie Table:**

As you all know we are happy to do our part in reducing our landfills with our donation table, affectionately known as “The Freebie Table.” Any and all lightly used clothing or household items can be placed on the table for someone else to utilize. Please be sure that all items placed on the table are

complete and in good working order. Broken items or items that are in need of repair of any kind are not welcome, and should be donated/disposed of elsewhere. Please also be sure that any and all dishes and kitchen appliances should be cleaned prior to donation. It is very disheartening when we receive things that have old, rotten food stuck on them.

Additionally, when the table or clothing rack has become too full, or items have been sitting for some time our volunteers will clear out the area and take items to various charities around town including Bienvenidos, Savers, Good Will and Salvation Army depending on our Volunteer's preferences.

**Once you have donated your items you have forfeited your ownership of the item and may not dictate to our volunteers where items can or cannot go. If you do not want your items going to these charities, please find somewhere else to donate them.** We do not have the space in the entryway or the center to keep items indefinitely simply because previous owners do not want them moved out of the Eldorado Community. We appreciate your understanding and cooperation in this matter.

#### **Paper Bag Collection**

We continue to collect donations of paper bags with handles for Kitchen Angels. Donations can be put in the designated box in the kitchenette, and our volunteers will collect and deliver them to Kitchen Angels, who will then use them to distribute meals to elderly and disabled homebound community members.

#### **Baby Blankets**

If you are feeling crafty, or have been making blankets without an outlet for distribution, we continue to collect handmade baby blankets for the participants of Many Mothers. Donations can be turned in at the front desk, and when we have enough, our volunteers will collect and deposit them with Many Mothers. These blankets go to new moms in our community that are participating in the Many Mothers program.

**Thanks, and we hope to see you at the center soon!**

*Please see email attachments for the lunch menu, activities calendar, & nutrition tips for this month.*

