



February 2024



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1 Herb Roasted Pork Chop Mashed Potato w/ mushroom Gravy Carrots WW Roll Spiced Apples		2 GC Chicken Posole Zucchini W/ Tomato Flour Tortilla Tropical Fruit Salad	
5 Arroz Con Pollo Green Beans Cauliflower WW Roll Fresh Pear		6 Hearty Beef Stew Broccoli Salad WW Crackers Cinnamon Peaches		7 Open Face Turkey Sandwich Mashed Potatoes Brown Gravy Brussel Sprouts Fruit Salad		8 Red Chile Enchiladas Pinto Beans Medley Vegetables Butterscotch Pudding		9 Chicken Fried Rice Stir Fry Vegetables Sugar Snap Peas Mandarin Oranges & Pineapple	
12 Beef & Broccoli Stir Fry Brown Rice Vegetable Egg Roll Fortune cookie Plums		13 BBQ Pulled Pork Sandwich Ranch Beans Stewed Tomatoes Coleslaw Peanut Butter Cookie		14 Salmon Patties Wild Rice California Vegetables WW Roll Strawberries		15 Chicken Corn Casserole Chateau Blend Vegetables WW Roll Mixed Fruit		16 Baked Fish Sweet Potatoes Asparagus Jell-O	
19 Beef Soft Tacos Calabacitas Spanish Rice Apricots		20 Red Chile Pork Tamale Pinto Beans Spinach W mushrooms flour tortilla Tapioca Pudding		21 Ham & Swiss Croissant 3 bean salad Beets chips Fresh Apple		22 Chicken Fried Steak Mashed Potato LS Pepper Gravy Mixed Vegetables Mandarin Oranges		23 Tuna Casserole Spinach WW Roll Angel Food Cake Strawberry topping	
26 Chicken Fettuccini Alfredo California Blend Garlic Knot Tossed Salad Fresh Orange		27 Baked Cod Tartar Sauce Brown Rice Pilaf Scandinavian Vegetables Fruit Salad		28 Italian Meatball Sandwich Tater Tots Italian Green beans Fruit cocktail		29 Slow Roasted Pork Mushroom Gravy Spinach Cauliflower WW Roll Pineapple chunks			