

SUGGESTED DONATION for Seniors 60+ (and spouse) - \$1.50

July 2024

Individuals 59 years and under pay \$7.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Beef Lasagna Green Beans w/ Onions and Mushrooms Tossed Salad W dressing Garlic Bread Cantaloupe	Chicken Fried Steak Mashed Potato Brown Gravy Green Bean W/ Diced Tomato WW Roll Pears	Sweet & Sour Pork Oriental Vegetable Brown Rice Mandarin Oranges Fortune Cookie	Center Closed	Chicken Soft Taco W Salsa Broccoli & Cauliflower Pinto Beans Salsa Diced Mango
8	9	10	11	12
Chile Relleno Pinto Beans Stewed Tomato Tossed Salad W Dressing Flour Tortilla Mixed Fruit	Pork Stir Fry Brown Rice Oriental Vegetables Pineapple Fortune Cookie	RC Frito Pie Lettuce Tomato Cheese Vegetable Medley Peaches	Chicken Parmesan Spaghetti Pasta Marinara Sauce Italian Vegetables Garlic Toast Grapes	Tuna Salad Sandwich Lettuce Tomato Onion Baby Carrots Celery Sticks Sun Chips Fresh Orange
15	16	17	18	19
GC Chicken Sandwich Lettuce ,Tomato, Onion, Cheese Warm Pasta Salad Stewed Tomatoes Mixed Fruit	Beef Stew Beef, Potato, Vegetables Biscuit Green Beans Apple Cobbler	BBQ Chicken Baked Beans Roasted Fresh Zucchini Cornbread Green Salad w Dressing Watermelon	Beef Brisket Mashed Potato Mushroom Gravy California Vegetables WW Roll Tropical Fruit	Chef Salad W Dressing Chicken, Cheese, Egg, Cherry Tomato, Cucumber's Carrots, Red Cabbage WW Crackers Fruit Cup
22	23	24	25	26
Herb Roasted Salmon Brown Rice Brussel Sprouts Carrots Pound Cake w Cherry Topping	GC Chicken & Potato Burrito Green Chile Sauce Cheese & Sour Cream Roasted Corn W Peppers Jell-O W Fruit	Chicken & Rice Casserole Green Beans W Onion Tossed Salad W Dressing WW Roll Berries	Guacamole Burger Lettuce Tomato Onion Tater Tots 5 way Vegetables Spiced Apples	Red Chile Tamale Pinto Beans Spanish Rice Tossed Salad Tortilla Fresh Orange
29	30	31		
Cooks Choice	Ham & Cheese Wrap Lettuce Tomato Onion 3 Bean Salad Carrot & Celery Sticks Cottage Cheese W Fruit	Shrimp Alfredo Italian Vegetables Garlic Knot Caesar Salad Cookie		