



July 2026

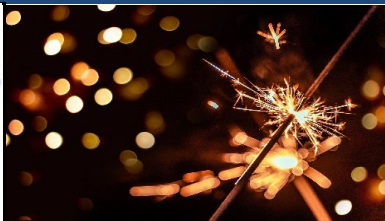
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



BBQ Chicken Drumsticks
 Three Bean Salad
 Spinach
 Cornbread
 Banana
 Peanut Butter Cookie

Breakfast for Lunch
 Scrambled Eggs
 Sausage
 Diced Potatoes
 Obrian
 WW Roll
 Fruit Cup

All Centers Closed

6

7

8

9

10

Chicken
 Mushroom Gravy
 Brown Rice
 Winter Blend Vegetables
 WW Roll
 Fresh Apple

Chile Beans
 Tossed Salad
 Corn Bread
 Fruit Salad

Sweet & Sour Pork
 Brown Rice
 Stir Fry Vegetables
 Mandarin Oranges

Closed For Staff Training

Chicken Broccoli Casserole
 Tossed Salad
 WW Roll
 Fresh Orange

13

14

15

16

17

BBQ Chicken
 Potato Salad
 Three Bean Salad
 Cornbread
 Fruit Cocktail

Beef fajitas
 Peppers & Onions & Salsa
 Pinto Beans
 Spinach
 Mango Chunks

Pork Chops W/ Gravy
 Potatoes
 Brussel Sprouts
 WW Roll
 Applesauce

Open Face Sloppy Joe
 WW Bun
 Zucchini & Carrots
 Fresh Orange
 SF Jello

Herb Roasted Pollock
 Green Chile Tartar Sauce
 Brown Rice
 Vegetable Medley
 Tropical Fruit Salad

20

21

22

23

24

Chicken Wrap
 Diced Chicken, Avocado,
 Lettuce, Tomato,
 Pasta Salad
 Fruit Salad

Shepards Pie
 W/ Peas & Carrots
 Green Beans
 Salad & WW Roll
 Orange

Carne Adovada
 Flour Tortilla
 Pinto Beans
 Vegetables
 Grapes

Green Chile Chicken Stew
 Flour Tortilla
 Green Salad
 Apricots

Hamburger Mac
 Island Blend Vegetables
 Garlic Knot
 Spiced Peaches

27

28

29

30

31

Baked Chicken Nuggets
 Sweet Potato
 Cauliflower
 Jello W Pears

Chef Salad
 Ham, Turkey, HB Egg,
 Cheese, Cabbage,
 WW Roll, Cookie

Honey Mustard Chicken
 Asparagus, Potatoes
 Macaroni Salad
 Fruit Cocktail

Frito Pie
 Red Chile, Beans
 Zucchini & Squash
 Mango Chunks, Cookie

All meals served with 8 oz (1/2 pint) of 1% milk