




# October 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
<b>Santa Fe County Senior Services</b> <b>505-992-3069</b>	Menu Subject to Change  1% milk Served	Tilapia Vera Cruz Wild Rice Carrots & Green Beans Mandarin Oranges	RC Tamale Pie Pinto Beans Calabacitas Flour Tortilla Diced Mango	Chicken Cordon Bleu Cali Blend Vegetable Green Salad WW Roll Tropical fruit
6	7	8	9	10
Sausage & Peppers Parsley Potatoes Roasted Brussel Sprouts WW Roll Yogurt W/ Pears	Chicken Florentine Spinach Sauce Italian Blend Vegetables Garlic Knot Spiced Peaches	Goulash Green Salad WW Roll Apple Cobbler	BLT W/ Avocado 1HB egg Tomato & Cucumber Salad Beet Salad Yogurt W/ Berries	Green Chile Chicken Posole Flour Tortilla Warm Broccoli Salad Apricots
13	14	15	16	17
<b>Indigenous Day</b> <b>County Offices and</b> <b>Senior Centers are Closed</b> 	Vegetarian Texas Chile Four Tortilla Green Salad Fruit Cocktail	Meatloaf Mashed Potatos Brown Gravy California blend vegetables WW Roll Fresh Pear	Baked Chicken Ziti Riveria Blend Vegetable Caesar Salad WW Roll Cookie	Tuna Salad Sandwich Three Bean Salad Carrot & Raisin Salad Plums
20	21	22	23	24
Shepards Pie Bahama Blend Vegetables WW Roll Green Salad Orange	Tortilla Crusted Tilapia Brown Rice Pilaf Suteed Mushrooms Vegetable Medley Mixed Berries W/ Cream	Open Face Turkey Sandwich Brown Gravy Sweet Potato Yogurt Pear	Chicken Alfredo Chateau Vegetable Caesar Salad Grapes	Salisbury Steak Scalloped Potatos Roasted Asparagus WW Roll Apricots
27	28	29	30	
BBQ Chicken Coleslaw Tomato & Cucumber Salad Cornbread Melon	Red Chile Beef Enchiladas Pinto Beans Capri Vegetables Mixed Fruit	Chicken Pot Pie Green Salad WW Roll Peaches	Chicken Taco Pinto Beans Spinach Strawberry Shortcake	



**We serve lunch**  
**Monday—Friday from 11:30 am to 1:00 pm**  
**Come join us for lunch and engage in an activity**

**SUGGESTED DONATION for Seniors 60+ (and spouse) - \$1.50**  
**Individuals 59 years and under pay \$7.50**