

FOR IMMEDIATE RELEASE

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Your Voice Matters: Join Region One's Behavioral Health Community Listening Sessions

[Santa Fe, NM] — December 16, 2025 — New Mexico community members are invited to participate in upcoming **Regional Behavioral Health Community Listening Sessions**, designed to ensure that the voices and lived experiences of New Mexicans shape the future of behavioral and mental health care across the state.

These virtual sessions are part of a statewide initiative under **Senate Bill 3 (SB3) – The Behavioral Health Reform and Investment Act**, which calls for a more integrated, community-driven behavioral health system. Each region will identify its top priorities and develop a four-year plan to strengthen behavioral health services in partnership with local organizations, healthcare agencies, and all three branches of government.

The State has defined Behavioral Health Region One as the Jicarilla Apache Nation, the Pueblos of Nambe, Ohkay Owingeh, Pojoaque, Santa Clara, San Ildefonso and Tesuque, the Counties of Los Alamos, Rio Arriba and Santa Fe, the Cities of Espanola and Santa Fe, the Town of Edgewood, and the Village of Chama.

The sessions will explore the **intersection of behavioral health with housing, justice, education, and social wellbeing**, creating a space for dialogue that drives **actionable and systemic improvements** to New Mexico's behavioral health system.

"Every community voice adds power to the state's vision for an equitable, accessible and effective behavioral health care system," said Valeria Alarcón, Executive Director of the New Mexico Alliance of Health Councils. "This is your opportunity to shape meaningful, community-informed, and long-lasting change."

How to Participate in Upcoming Virtual Listening Sessions:

Join from the comfort of your home or office, phone or computer. Sessions are open to all community members — including individuals with lived experience, family members, service providers, educators, advocates, medical providers, school-district, local leaders, and youth.

Choose From the following virtual dates:

- Monday, January 12th, 2026, 12pm - 1pm
- Wednesday, January 14th, 2026, 12pm - 1pm
- Thursday, January 15th, 2026, 12pm - 1pm
- Registration Link: bit.ly/R1-JanListeningSessions

Please note that there will be youth-specific breakout rooms facilitated by youth-specific professionals. Please additionally note that the region is working to open County senior centers for adults requesting access and/or assistance. Everyone's voice matters, and your perspective will help inform and identify priorities to strengthen behavioral health services for those in Region One.

Stay Informed:

To stay informed, please visit Santa Fe County's Region One Webpage

Here, which offers informative resources as well as additional ways to engage.



Hosted in partnership by: The New Mexico Alliance of Health Councils

Access Behavioral Health Regional Community Calendar:

<https://www.nmhealthcouncils.org/publichealthevents>

Access SB3 Behavioral Health Reform & Investment Act:

mcourts.gov/the-behavioral-health-reform-and-investment-act-sb3