

**SUGGESTED DONATION for Seniors 60+ (and spouse) - \$1.50**

# September 2023

**Individuals 59 years and under pay \$7.50**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2% Milk is Served	MENU IS SUBJECT TO CHANGE WITH OR WITHOUT NOTICE			1 <b>Shredded Pork</b> Sweet Potatoes 3 Bean Salad Orange
4		5	6	7
COUNTY CLOSED  LABOR DAY	<b>Beef Soft Taco</b> Lettuce, Tomato, Cheese Pinto Beans Capri Vegetables Strawberry Shortcake Whipped Topping	<b>Baked Tilapia</b> W/ Lemon & Garlic Butter Sauce Wild Rice Sliced Carrots WW Roll Diced Peaches	<b>Pot Roast W/ Carrots</b> Mashed Potatoes & Gravy Green Peas Green Salad Jell-O Cups W/Fruit	8 <b>Chicken Chow Mein</b> Oriental Vegetables Fortune Cookie Cinnamon Apples
11	12	13	14	15
<b>Chicken Soft Taco</b> Lettuce, Tomato, Cheese Mexican Roasted Vegetables Cilantro Lime Brown Rice Spiced Pears	<b>BBQ Pork Patty Sandwich</b> Baked Beans 5-Way Vegetable Coleslaw Melon	<b>Oriental Beef &amp; Broccoli</b> Brown Rice Sugar Snap Peas Salad Pineapple Tidbits	<b>Chicken Noodle Soup</b> With Vegetables Green Salad Crackers Tropical Fruit	<b>Salisbury Steak</b> Mashed Potato Mushroom Gravy Carrots WW Roll Banana Pudding
18	19	20	21	22
<b>Oven Baked Chicken</b> Parsley Potatoes California Blend Vegetable Garlic Knot Mandarin Oranges	<b>Boneless Pork Rib W/ BBQ</b> Black Eyed Peas Capri Vegetables WW Roll Melon	<b>Open Face Turkey Sandwich</b> Mashed Potatoes & Gravy Peas Salad Fruit Cocktail	<b>Glazed Ham W/Pineapple</b> Sweet Potatoes Green Beans W/ Almonds WW Roll Strawberry Yogurt	<b>Green Chile Cheese Enchilada</b> Pinto Beans Yellow Squash Melon
25	26	27	28	29
<b>Chicken Salad</b> Mixed Greens, Shredded Carrots Cucumber & Tomato Salad WW Crackers Pound Cake W Cherries	<b>Beef Fajitas W Salsa</b> Pinto Beans Glazed Carrots Jell-O With Fruit	<b>Parmesan Crusted Chicken</b> Penne Pasta W/Marinara Sauce Italian Vegetables Salad Garlic Knot Melon	<b>Herb Lemon Tilapia</b> Tartar Sauce Rice W/Mushrooms 5 Way Vegetables Spiced Apples	<b>GC Chicken Cheese Sandwich</b> Tater Tots Peas Broccoli Strawberries

