

# SANTA FE COUNTY YOUTH CASE MANAGEMENT

Case Management Services are designed to offer specialized, youth-focused support to individuals facing challenges that affect their mental health, well-being, and overall life path. Our tailored approach ensures that every young person receives the utmost care, guidance, and resources tailored to their unique needs.



## WHAT TO EXPECT



### COMPREHENSIVE ASSESSMENT

A case manager will thoroughly assess your goals, challenges, and the types of support and services that will benefit you the most.



### CUSTOMIZED SUPPORT PLAN

Based on the assessment, a personalized plan will be developed, outlining the steps, resources, and interventions that will guide your journey toward achieving your goals.



### CONNECTION TO RESOURCES

A case manager will connect you with a community network of services and resources that can provide on-going support.



### SUPPORT AND ADVOCACY

Throughout your journey, your case manager will provide support, offer encouragement, monitor your progress, and make adjustments to the plan as needed to with you as the expert of your needs.

The program aims to empower youth and families with the tools, support, and resources to confidently face challenges and build a foundation for a successful and fulfilling future. If you or someone you know could benefit from our Youth Case Management Services, don't hesitate to contact us for more information on how to get started.



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[www.santafecountynm.gov/community-services/youth-services/youth-behavioral-health-management](http://www.santafecountynm.gov/community-services/youth-services/youth-behavioral-health-management)