

SUGGESTED DONATION for Seniors 60+ (and spouse) - \$1.50

Individuals 59 years and under pay \$7.50

September 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5	
CLOSED 		Egg Salad Sandwich Garbanzo Bean Salad Strawberries Whipped Topping		Frito Pie W Red Chile Pinto Beans Capri Vegetable Tropical Fruit		Jambalaya Rice Stewed Okra & Onion Green Salad Warm Spice Peaches		Teriyaki Beef W/ Mushrooms Oriental Vegetable Brown Rice Egg roll Pineapple tidbits	
8		9		10		11		12	
Red Chile Tamale Pinto Beans Spanish Rice Chateau Vegetables Plums		Herbed Cod Parsley Potatoes Roasted Brussel Sprouts WW Roll W/ Butter Grapes		GC Chicken Posole Rosted Zucchini W/ Tomato Green Salad Flour Tortilla Apricots		Grilled Cheese Sandwich Tomato Soup Broccoli Salad Fruit salad Vanilla Yogurt		Chef's Salad WW Crackers (3) Strawberries & Bananas	
15		16		17		18		19	
Chicken Fried Rice Stir Fry Vegetables Snap Peas Mandarin Oranges Pineapple Chunks		Sloppy Joe Sandwich Potato Wedges Green Beans W/ Peppers & Onions Apple Cobbler		Baked Salmon Wild Rice Cali blend vegetables Mixed berries Cookie		Eggplant Parmesan Ceasar Salad WW Roll Non Fat Yogurt Fresh Pear		Macaroni Cheese W Ham Brussel Sprouts Sliced Carrots Green Salad Vanilla yogurt W/ Fruit	
22		23		24		25		26	
Oriental Crispy Chicken Salad Romaine, Cabbage, Carrots, Almonds WW Roll Mandarin Oranges		Pork Schnitzel Warm Potato Salad German Coleslaw Winter Vegetables Tropical Fruit		RC Cheese Enchiladas Pinto Beans Chateau Vegetables Pudding		Country Fried Steak Roasted Garlic Baby Potatoes Country Gravy Bahama Blend Applesauce		GC Chicken Alfredo Penne Pasta Italian Blend Vegetables Caesar Salad Grapes	
29		30							
BBQ Chicken Sauteed Spinach Coleslaw WW Roll Apricots		Beef Tips W Mushrooms Egg Noodles Beets Green Salad Strawberries & Bananas							